

NOVEMBER 2021

# GILDERSLEEVE GAZETTE

*Kirtland Senior Center Monthly Newsletter*



## **From the Desk of the Mayor**

If you ask Mrs. Potter what her favorite month is, she just might say October. Yes, she does love football and, yes, she wonders at the magnificence that comes with the change in foliage. But if my supposition is correct, and October is her top calendar choice, it will not be credited to the pigskin or the cascading hillsides of gold, amber, and orange we are blessed with in Lake and Geauga counties. Her award would go to the month punctuated by Halloween, decorations, parties and costumes. And in an ironical twist, her favorite Halloween character is the witch. She seems to be fascinated by the fantastical characters and has played both good and bad witches in her classrooms and at parties. Perhaps you're wondering where this is going- well so am I. Setting out to capture the essence of Autumn in Kirtland, I trailed off into a tale about my wife's affinity for haunting and magic.

Anyhow, I hope you are all well and enjoying all that is at our Senior Center. It seems every time I speak to Teresa, she is excited about meeting some amazing new members. YOU are the foundation of what makes this Center important to both veteran members and newcomers. The community that comes together, week after week, in the spirit of friendship, exercise, and fun is what makes the Kirtland Senior Center an inviting and welcoming places for friends new and old. Thank you for all you do and for who you are. Our Senior Center truly is a special place.

As we prepare to close out October and steam toward the holidays, I hope all are inclined to support the upcoming Senior/Rec levy renewal. As we know this is not a tax increase and is critical to both our senior and recreation operations. Please remind your neighbors and friends we need their support to keep what has become a cornerstone to Kirtland.

Thank you,  
Kevin

***Riddle Answers: Because April showers bring "May" Flowers, Stamp***

# ALL THE THINGS

*Teresa Szary ~ Coordinator*

As we enter into the craziness of the holiday season, we are excited to offer new experiences for our Center members. The month of November will bring our first ever New Member lunch, the return of the Veterans Day lunch, a book and puzzle sale, a City-wide Veterans Day service and leaf clean-up, Medicare open enrollment sessions, a Thanksgiving "left-over" lunch, memory screening, a brand new partnership and FREE theater workshop with the Fine Arts Association, the resumption of the knitting group, and new and expanded Pickleball hours!

Living, working, and playing in the City of Faith and Beauty means loving ALL the weather that comes with it. It continues to be our policy to close our building if the Kirtland schools are closed for snow. We will do our darndest to update our website as soon as we are aware of school closures.

With the change of seasons also comes with it new possibilities! Membership renewal is now open for 2022, and we encourage you to sign up for the year. With this invitation comes a challenge – try something new in the next few months! Remember, the first class you try is always free. And if your calendar is filling up, you can always pay per class rather than signing up for the entire session. Please note that if you are doing "drop-in" classes, you will not be able to sign up through the website, but give us a call or visit us in the office, and we will take care of it!

A special thanks this month to Kiwanis for working so hard to update our beloved bocce courts, to the Kirtland Area Service Council for hosting a fantastic Senior Brunch, to the American Legion for donating a hot dog lunch, and to all of our participants and judges at our first EVER Kirtland Bake-off.

You may have noticed our fancy-schmancy new signage system on the TV in the lobby. Our IT wizard Jim concocted a brilliant way for us to share our events with the Police Department display at City Hall, and for us to be able to share their information with you. If we're taking too long with someone at the front desk, grab a popcorn (on Wednesdays), and settle in to enjoy all the fascinating events here in the City of Kirtland.

As we look forward to gathering (safely) with family and friends this holiday season, let us also be mindful of those who have recently lost someone or will be alone while others celebrate. A phone call, an invitation, a good thought, or a kind word – all of these can go a long way to reminding our neighbors that they are not alone, no matter the circumstance.

Be good to each other, and we hope to see you soon! ~ Teresa



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# NOVEMBER WEEKLY SCHEDULE

FOR A COMPLETE LISTING OF SERVICES AND CLASSES AVAILABLE, CHECK OUT OUR WEBSITE AT  
WWW.KIRTLANDCOMMUNITY.COM

## Monday.

9:00 am – 9:45 am  
10:00 am – 1:00 pm  
10:00 am  
1:00 pm – 2:00 pm  
1:00 – 3:00 pm

Strength Training  
Pickleball (*drop-in*)  
Knitting Group  
Taiji Fit  
Chair Volleyball (*drop-in*)

8:30 am – 9:30 am  
9:30 am – 11:30 am  
10:00 am – 1:00 pm  
10:30 am  
12:30 pm – 2:30 pm  
1:00 pm – 2:00 pm  
1:00 pm – 2:00 pm  
2:00 pm – 3:30 pm

Advanced Pickleball Hour (*drop-in*)  
Watercolor Painting  
Pickleball (*drop-in*)  
Cards – Hand and Foot (*drop-in*)  
Acrylic Painting  
Tai Chi  
Pickleball Beginner Lessons  
Beginner Pickleball Open Hour (*drop-in*)

## Tuesday.

8:30 am – 9:30 am  
9:30 am – 12:00 pm  
10:00 am – 11:00 am  
11:30 am – 2:30 pm  
12:30 pm  
12:30 pm  
1:00 – 3:00 pm  
1:30 pm

Advanced Pickleball Hour  
Piano Lessons (*November 9, 23*)  
Aerobics  
Pickleball (*drop-in*)  
Bingo  
Game Day (*drop-in*)  
Ping Pong (*drop-in*)  
Medicare Info Sessions (*November 9, 23*)

## Friday.

9:00 am – 10:00 am  
10:00 am – 1:00 pm  
10:00 am – 3:00 pm  
10:30 am – 12:00 pm  
1:00 pm – 2:00 pm  
1:00 pm – 3:00 pm  
12:00 pm – 3:00 pm

Gentle Yoga  
Pickleball (*drop-in*)  
Massage (*November 5, 19*)  
Reiki (*November 5, 19*)  
Aerobics (*w/ cardio drumming*)  
Chair Volleyball (*in Violet Room*)  
Pinochle (*drop-in*)

## Wednesday.

9:00 am – 9:45 am  
9:00 am – 10:00 am  
9:00 am – 1:00 pm  
10:00 am – 12:00 pm  
10:00 am – 1:00 pm  
10:00 am – 11:15 am  
10:00 am – 12:00 pm  
11:00 am – 1:00 pm  
12:30 pm – 2:00 pm  
1:00 pm – 3:00 pm

Strength Training  
Tai Chi – Bamboo Fusion  
Polarity (*November 10, 24*)  
Sewing  
Pickleball (*drop-in*)  
Fit Yoga  
Reflexology/Light Therapy (*November 3, 17*)  
Bridge (*drop-in*)  
Theatre for Healthy Living  
Chair Volleyball (*drop-in*)

Book and Puzzle Sale  
Voting  
New Member Lunch  
Veterans Day Lunch  
Senior Board Meeting  
Closed for Veterans Day  
Memory Screening  
Kirtland Leaf Clean-up  
Veterans Day Ceremony  
Trash to Treasure  
Book Club “Peace Like a River”  
Men’s Lunch  
Kirtland Thanksgiving Service  
Birthday Lunch  
Closed for Thanksgiving  
Leftover Lunch

November 1 – 5  
Tuesday, November 2 (*no gym activities*)  
Friday, November 5 @ 12:00 pm  
Wednesday, November 10 @ 12:00 pm  
Wednesday, November 10 @ 1:00  
Thursday, November 11  
Friday, November 12 (*9:00 – 3:00*)  
Saturday, November 13  
Saturday, November 13  
November 15 – 19  
Friday, November 19 @ 11:00 am  
Wednesday, November 17 @ 12:30 pm  
Tuesday, November 12 @ 7:30 pm  
Wednesday, November 24 @ 12:00 pm  
November 25, 26  
Monday, November 29 @ 12:00 pm

## Also in November

## Coming in December

Trivia ~ Christmas Party @ Pine Ridge ~ Cookie Decorating  
Nativity Tour @ Kirtland Historic Site ~ Winter Solstice Party

Drop-in activities require NO pre-registration

# NOVEMBER CLASS & WELLNESS SCHEDULE

Registration is required for the following classes or wellness appointments:

| Fitness Class                                   | Day & Time               | Dates  | Cost                                 |
|---|--------------------------|--|--------------------------------------|
| Aerobics<br>Instructor: Cheryl                  | Tuesday<br>10:00-11:00   | Nov 2, 9, 16, 30<br>Dec 7 & 14                     | \$21<br>6 classes                    |
| Aerobics w/drumming<br>Instructor: Cheryl       | Friday<br>1:00-2:00      | Nov 5, 12, 19<br>Dec 3, 10, 17                     | \$21<br>6 classes                    |
| Fit Yoga<br>Instructor: Dawn                    | Wednesday<br>10:00-11:15 | Nov 3, 10, 17, 24                                  | \$12                                 |
| Gentle Yoga<br>Instructor: Anne                 | Friday<br>9:00-10:15     | Nov 5, 12, 19                                      | \$9                                  |
| Strength Training<br>Instructor: Nancy          | Mon/Wed<br>9:00-9:45     | Oct 27, Nov 1, 3<br>8, 10, 17, 22, 24              | \$24 (8 classes)<br>\$12 (4 classes) |
| Tai Chi for Wellness<br>Instructor: Ed          | Thursday<br>1:00-2:00    | Nov 4, 18, Dec 2                                   | \$9                                  |
| TaijiFit<br>Instructor: Tim                     | Monday<br>1:00-2:00      | Nov 8, 15, 22, 29                                  | \$12                                 |
| Tai Chi Bamboo Fusion<br>Instructor: Tim        | Wednesday<br>9:00-10:00  | Nov 3, 10, 17, 24                                  | \$12                                 |
| Workshops                                       | Day & Time               | Dates  | Cost                                 |
| Medicare Enrollment<br>Workshop by Tim          | Tuesday<br>1:30          | Nov 9, 23  | FREE                                 |
| Theatre Healthy Living<br>Fine Arts Association | Wednesday<br>12:30       | Nov 3, 10, 17<br>Dec 1, 8, 15, 22,<br>29 Jan 5, 12 | FREE                                 |
| Knitting Group                                  | Monday<br>10:00          | Every Monday                                       | FREE                                 |

| Classes   | Day & Time               | Dates                                 | Cost                                       |
|---|--------------------------|---------------------------------------|--|
| Acrylic Painting<br>Instructor: Connie                            | Thursday<br>12:30-2:30   | Nov 4, 18 Dec 2                       | \$21                                       |
| Watercolor Painting<br>Instructor: Connie                         | Thursday<br>9:30-11:30   | Nov 4, 1, Dec 2                       | \$21                                       |
| Sewing Project & Help<br>Instructor: Mae                          | Wednesday<br>10:00-12:00 | Nov 3 & 17 HELP<br>Nov 10, 24 Project | \$5per<br>project                          |
| Piano Lessons<br>Instructor: Karen<br>*must register 2 per month* | Tuesday<br>9:30-12:00    | Nov 9 & 23                            | \$15 per<br>30 minutes                     |
| Wellness/Other  | Day & Time               | Dates                                 | Cost                                       |
| Attorney<br>Deborah Loughner                                      | Friday<br>9:00-11:00     | Nov 12, Dec 10<br>Jan 14, Feb 11      | FREE<br>30 minutes                         |
| Podiatry<br>Dr. Kelly Whaley                                      | Tuesday<br>9:00-12:00    | Nov 9, Dec 7<br>Jan 11, Feb 8         | \$25 per<br>15 minutes                     |
| Reiki<br>Anne Owens   | Friday<br>10:30-12:00    | Nov 5, 19                             | \$25 per<br>25 minutes                     |
| Polarity<br>Tim Polak   | Wednesday<br>9:00-1:00   | Nov 10, 24                            | \$45 per<br>1 hour                         |
| Reflexology or<br>Light Therapy<br>Linda McMahon                  | Wednesday<br>10:00-12:00 | Nov 3, 17                             | \$40 (Reflexology)<br>\$45 (Light Therapy) |
| Swedish Massage<br>Natalie Lopez                                  | Friday<br>10:00-3:00     | Nov 5, 19                             | \$55 per<br>50 minutes                     |



## **KNITTING GROUP**

Grab your knitting needles & yarn and come on down to the Center on Mondays at 10:00 am. Set aside an hour or so every week and join our group. Knitting is a great way to release stress, be with friends or make some new ones, relax and have a good time! No registration is necessary.

## **SEWING**

Do you own a sewing machine and need help with projects, reading patterns, or would like to just learn more about sewing? Bring your sewing machine and thread up. The 1st & 3rd Wednesdays will be FREE sew days for you to complete any projects you are working on, or to stop in for help with sewing. The 2nd & 4th Wednesday of each month will be a class "Project Day" and costs \$5.

## **TAI CHI -- BAMBOO FUSION**

Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements of Tai Chi. This class you will discover Bamboo Fusion, where we combine Tai chi with standing Yoga poses. Anyone can do it, no experience necessary. Just move, breathe and have fun! This class is offered by Tim Shea on Wednesday mornings at 9:00.

## **CARDS**

Calling all Bridge players! We are looking for anyone interested in playing Bridge. This group will meet on Wednesday at 11:00. Thursdays come to play Hand & Foot cards Games begin around 10:30. Pinochle Group meets on Fridays at 12:00. Come join the fun. All are welcome!

## **EXPANDED PICKLEBALL HOURS**

In the first week of November, we will be begin to offer three more chances to play with no pre-registration required!

**Advanced Pickleball:** Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play a bit more competitively. If you join us, get ready for great shots and fast games!

**Beginner Open Play:** Thursdays from 2:00 - 3:30. If you want to start playing, get some practice or to work on your game, this is a great time to do it!

## **BEGINNER PICKLEBALL HOUR**

New to Pickleball? Need to learn the basics? We got you covered with the ins and outs of pickleball. Lessons are every Thursday from 1:00-2:00 pm. Our next session will begin on November 4. Pre-registration is required. Make sure to wear tennis shoes and comfortable clothing you can move in!

## **PICKLEBALL**

Pickleball is a fun sport that combines elements of tennis, badminton and ping-pong. It can be played as doubles or singles. Come join the fun! Pickleball is played Monday, Wednesday, Thursday & Friday from 10:00-1:00 & Tuesday from 11:30-2:30.

## **CHAIR VOLLEYBALL**

Chair Volleyball includes physical activity, social interaction, competition, and most of all, lots of laughs! The game is played with a beach ball and a five foot high net. More fun than you can possibly stand while seated! **We play every Monday, Wednesday, & Friday from 1:00-3:00.**

## **THE SENIOR CENTER WILL BE CLOSED**

**NOVEMBER 11 – VETERANS DAY**

**NOVEMBER 25 & 26 – THANKSGIVING**

**DECEMBER 23 & 24 – CHRISTMAS**

**DECEMBER 31 – NEW YEARS EVE**



## VETERANS DAY LUNCH

Help us thank our Veterans at our annual Veterans Day Thanksgiving Lunch. Join us on Wednesday, November 10 beginning at 11:30 with a patriotic music program provided by Selah Music Group, followed by lunch served at 12:00. **All member Veterans will be treated to a FREE lunch courtesy of the Senior Board.** All other members are welcome to join & the cost is \$7. Registration required by November 3.



## CHRISTMAS PARTY AT PINE RIDGE COUNTRY CLUB

Celebrate the Holiday Season with us at our annual Christmas Party. It will be held on Wednesday, December 15 at Pine Ridge Country Club in Wickliffe. Debbie Gifford will be there to entertain us. Doors open at 11:30 and the cost is \$15 per person. You must pre-register and pay by December 7. No registrations will be taken after this day. This is a members only event.



## LADIES LUNCHEON

Our next Ladies Luncheon will be held on **Wednesday, October 20 at 12:00. Cost is \$7. Menu is steak salad & dessert. Please RSVP by October 13.** The last Ladies Lunch in 2021 will be held on December 8 and the menu will be Stuffed Peppers, Mashed Potatoes, Salad & Rolls.

## MEN'S LUNCHEON

The next Men's Luncheon will be on **Wednesday, November 17 at 12:30. Cost is \$7. Our menu will be Ribs. RSVP by November 10.** Our first lunch for 2022 will be on January 19.

## NOVEMBER BIRTHDAY LUNCH

This month's Birthday Lunch will be held on **November 24 at 12:00 and the cost is \$7. Please RSVP by November 18.** We will be having **SOUP, SALAD & ROLLS. EVERYONE** is welcome, regardless of your birthdate!



## MEDICARE OPEN ENROLLMENT QUESTION & ANSWER SESSION

The Medicare Open Enrollment runs from October 15 thru December 7 this year. 2022 plan information & question sessions will be presented by **Tim Polak** and the team from **How Money Works Learning Center** located in Kirtland. These sessions will be held on **Tuesday, November 9 & 23, and December 7 at 1:30** here at the **Kirtland Community Center**. All are welcome and it's **FREE!**

## NEW MEMBER'S WELCOME LUNCH

We cordially invite all our new members to lunch on **Friday, November 5 at 12:00.** Lunch is for all members, new or old, that would like to attend. Cost is free for New Members and \$7 for everyone else. Register by October 29.



## 2022 MEMBERSHIP RENEWAL

It's time to start thinking about renewing your membership for 2022! Renewals are now open and will run through all of next year. The cost of renewal for a Kirtland resident is \$5 per person and \$7 for a non-resident renewal.

UPCOMING EVENTS





## LEFTOVER LUNCH

Looking for a way to get rid of all those Thanksgiving Day leftovers? Well, search no more! We will be glad to help you get rid of any leftovers at our First Annual Leftover Lunch. Bring your leftovers, desserts or make a dish to share if you don't have anything left. It will be held on Monday, November 29 at noon. All are welcome!

## TRASH TO TREASURE

November's Trash to Treasure Sale will be held November 15-19. Drop off any household items you would like to donate for our sale. No personal items, clothing or electronics please! *We will be accepting items during business hours (8:30-3:30) only.*



## MEMORY SCREENING

Have you ever wondered what is normal memory loss with aging? Things like making a bad decision once in a while, missing a payment, forgetting what day it is but remembering later, forgetting a word to use when talking and losing things here and there are very common with aging. If you are concerned that this could be something more, we will be offering **FREE memory screenings on Friday, November 12 from 9:00-3:00**. The screening consists of a simple, 30 minute interview with a trained medical professional. To sign up for a slot, go to our website or come see us at the front office.

## THE FINE ARTS ASSOCIATION'S THEATRE FOR HEALTHY LIVING™

FAA's Theatre for Healthy Living™ program engages adults in a theatre project that provides them an opportunity to participate in creating, writing, producing, and acting in their own play. These plays are designed to address pertinent social and health-related issues. Theatre content will be chosen by participants, based on relevant life experiences. This is an opportunity for self-expression and social-emotional growth. All experience levels are welcome! **The Theatre for Healthy Living™ program will run for ten weeks beginning Wednesday, November 3 at 12:30 and is FREE.**

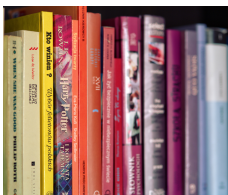
## GAME DAY

Every **Tuesday at 12:30** we play games! Whether we play board games, card games, or the Wii, everyone is invited to join in. Bring a snack to share and your own beverage. If you have a favorite game we would love to play it! Come join the fun.



## BOOK CLUB

November Book Club will be on **November 19 at 11:00**. Our next book will be **"Peace Like a River" by Leif Enger**. This is a story about an asthmatic young boy named Reuben Land who lives in the Midwest and has reasons to believe in miracles. Reuben, along with his sister & father are on a cross-country journey to find his outlaw older brother who was charged with murder. Their story unravels like a revelation and in the end, it shows how love, faith & family stands up to the most horrific enemies and disastrous fate.





## KIRTLAND COMMUNITY HALLOWEEN TRUNK OR TREAT

Bring your little ghosts & goblins out to the Kirtland Community Center and other participating locations on **Wednesday, October 27 from 6:00 – 8:00 pm** for Trunk or Treat. We encourage everyone to decorate your car and bring treats for the kids of Kirtland! More information will be available at [www.kirtlandohio.com](http://www.kirtlandohio.com)

## BOOK AND PUZZLE SALE

During the week of November 1 – 5 we will be having a used book & puzzle sale. Come help us thin out our ever growing library. Make us an offer we can't refuse or fill a bag for \$5.



## PINECONE WREATH MAKING CLASS

Looking for some new Fall decorations? Look no more, we got you covered. On **November 16 at 11:00** our resident Art Instructor Connie will be helping you make a Pinecone Wreath. **Cost will be \$10.** All Supplies will be provided.

## KNITTING GROUP

Grab your knitting needles & yarn and come on down to the center on Mondays at 10:00 and set aside an hour or so every week & join our group. Knitting is a great way to release stress, be with friends or make some new ones, relax and have a good time!



## AMERICAN LEGION POST 609 FUNDRAISER

Each year, the American Legion sends out holiday care packages to Kirtland High School graduates who are on active duty in the Armed Forces. Any monetary donations towards this cause will be accepted at the front desk through the end of November. In addition, throughout the month we will honor our brothers and sisters who did not come home by setting a table in the back hallway. We ask that you take a few moments to remember them and their families this holiday season.

## BINGO

We are playing Bingo every Tuesday! Come take a chance on winning a gift card, lottery tickets or other great prizes. Bingo will be held in the Sunflower Room at 12:30. There is no cost to play Bingo.



UPCOMING EVENTS

*Welcome to our new members this month!!!*

*Dan, Penny, Nancy, Donald, Carol, Donna, Maria, Kim, Jeffery, Richard,  
Wanda, Kathy, William, Mary, Phil, Elaine, Janet, Ronna,  
Patricia, Tom, Kelley, Anne, Laura, Annette*



## BRUSH PICK-UP

Beginning the week of November 8, the Kirtland Service Department will collect brush throughout the city. The program is intended to assist residents with the FALL clean-up of branches and twigs that have come down from the inclement winter weather. The program is **NOT** intended to assist with clearing a parcel or substantially clearing trees on a parcel. Weather permitting, City trucks will pass only one time through each ward, so please have your brush and tree limbs out by the start date listed for your ward. See the city website for requirements for brush pick-up.

### 2021 FALL BRUSH COLLECTION SCHEDULE

Wards 2 & 4 – November 8-12

Wards 1 & 3 – November 15-19



### LEAF & YARD CLEAN-UP

Fall leaf & yard clean-up for Senior & Veterans is scheduled for Saturday, November 13. To be placed on a list contact us at 440-256-4711.

## NATIVITY EXHIBIT AT HISTORIC KIRTLAND VISITOR CENTER

"Behold, the Savior of the World!"

We invite all to come and see the vast displays of nativities from around the world and to bring family, friends, and neighbors to come with you to feel the Spirit bear witness of the unconditional love of our Savior.

The exhibit is free and will open for viewing on Sunday, November 28, and will run through Friday, December 31. More information can be found at [ChristmasInKirtland.com](http://ChristmasInKirtland.com) and on Facebook at Historic Kirtland Nativity Exhibit. **We will be having a private tour of the exhibit on Monday, December 6 at 1:00 pm.** All are welcome; please register in advance for this free event.

Come join us as we prepare to remember, honor, and "Behold, the Savior of the World!"

## LAKE COUNTY MOBILE FOOD PANTRY

The Lake County Mobile Food Pantry is moving to once a week starting in October! Held each **Tuesday from through January 25, 2022 from 10:00 - 11:00 am at LAKETRAN Mentor Park-N-Ride (8650 Market Street)**. Please reserve your pick-up by calling 211 or the Council on Aging at 440-205-8111. There are 100 spots available each week.



## RED CROSS BLOODMOBILE

Did you know that in most cases, there's no blood or platelet donation deferral if you received a COVID-19 vaccine and you're symptom-free & feeling well when you come to give blood? The American Red Cross will be hosting a Blood Drive on **Thursday, December 16 from 11:00-5:00** at the Community Center in the gym. Schedule at [www.RedCrossBlood.org](http://www.RedCrossBlood.org) and enter code: kirtlandcommunity or call 1-800-RED-CROSS.



## EASY APPLE CRUMBLE

### Filling:

6 medium/large cooking apples  
2 tbs lemon juice  
1/2 cup sugar  
1/8 tsp nutmeg  
1/4 tsp kosher salt

1 tsp fresh grated ginger  
Zest of 1/2 lemon  
2 tsp ground cinnamon  
2 tbs cornstarch

### Crumble:

3/4 cup all purpose flour  
1 cup rolled oats  
1/4 tsp kosher salt  
8 tbs cold unsalted butter

3/4 cup packed brown sugar  
1/2 cup chopped walnuts  
1 tbs vanilla



Preheat oven to 350 degrees. Grease a 9x13 baking dish and set aside. Core, peel & thinly slice the apples. Peel ginger and grate it. In a large bowl combine the apple slices, ginger & remaining filling ingredients and toss until well coated. In a different bowl mix together the flour, brown sugar, rolled oats, walnuts & salt. Add the vanilla and stir. Cut the butter into small pieces & blend using a pastry cutter (or two forks) into crumble until well combined. Place the apple filling the bottom of the greased 9x13 baking dish. Evenly sprinkle the crumble over the top. Bake for 45-50 minutes until brown & bubbly. Cool slightly and serve with vanilla ice cream. Enjoy!

Greetings from the Board! It is hard to believe that we are planning the end of the year already. Veterans Day lunch and Christmas party are our last big events. If you've been to the Center recently, you will see the pictures of baskets on the windows. This is a fundraiser for the Lake County Senior Services levy. In the past, the board was asked to donate, and all nine Centers paid the cost of the levy. Now, with fundraisers, we will no longer be required to give. The goal of the fundraising is to cover the costs associated.

**Our next Board meeting will be at 1:00 pm on Wednesday, November 10 (note the time change). All are invited.**

The Senior Board will be holding elections this month. If you are interested in being a member of the Board, let the office know. Requirements are to attend monthly meetings, help at Center sponsored event (set up, take down, serve), and be the eyes and ears at the Center. Election will take place at the Center in December.

I hope everyone is doing well and looking forward to November and December. Don't overdo it! Enjoy yourself and don't forget to stop in and say hi.

~ Dave



# SENIOR SPOTLIGHT

For those of you who have not yet had the pleasure, allow me to formally introduce you to a couple of relatively new members, Lee and Gary Anderson. And I will just say in advance – you are welcome. Getting to chat with these two was one of the highlights of my month and I will do my best to do their story justice.

Gary began working in data processing in the Army in 1963, which at the time meant punch card systems. If he could look into the future, he would have seen himself working through the evolution of data from cards to computers as he continued and ended his professional career with Dow Chemical twenty-six years later. Gary's wife took medical disability the same day that his position ended, and they decided to see more of the country together. After a bit of traveling, and a good amount of research on her part, they landed in Florida, where they built a home. They enjoyed their life in Florida together for five years before her passing. Sometime later, but still a relative newcomer to Florida, friends convinced him to join them for square dancing. Moments before he was going to meet them, they cancelled, leaving him all dressed up with nowhere to go. He decided to go dancing without them and asked at the dance if there was anyone who needed a partner. Enter... Lee.



Our fearless heroine hails from the great Northeast of Ohio, and started her career as a letter carrier for the city of Mentor in 1974. After five years, she became the Postmaster of Montville, and was then promoted to the sales representative for the USPS from 30th Street in Cleveland to the Pennsylvania border, after which she went back to being a Postmaster in Lagrange, OH. She transferred down to the Everglade region of Florida to be closer to her mother and happily enjoyed stone crabs, southern hospitality, and good company while running her tight ship down yonder.

Which brings us back, completely accidentally, to yet another tale from the world of square dancing. Luckily, that fateful night proved that they made a good partnership, and they've been dancing together ever since.

Lee was transferred to another city in central Florida and retired five years after Gary. In her extensive career, she met a couple that worked as camp managers in Yellowstone during the tourist season and was fascinated by their stories. After some hesitation on Gary's part, they went all in, and spent almost six months in Yellowstone. He worked in guest services at Old Faithful Lodge and she at Snow Lodge. They had the same day off, and this opportunity was one they still talk about with stars in their eyes.

In 1989, a brave young woman knocked on a door in Venice, Florida and asked if the owner would be willing to sell. Many years later, these two returned from their adventures to settle into their new (old) house, and they still enjoy the sunsets, beach, and community seven months out of the year.

They have spent their retirement relaxing, quietly sitting, and reflecting on their lives. Just kidding – these two don't have many moments to slow down in the midst of finding adventure everywhere they can. Lee came across an article about the best female croquet player in the country, who happened to live and coach in Venice. Since that first fateful day the planets aligned, these two crazy kids have traveled all over the country competing and still play at least four times a week. Lee was professionally trained in the discipline of "neither rain nor snow," and nothing will keep them away from the croquet court.

Their schedules are full with assisting with logistics at Angel Flight Southeast, coordinating the transportation of supplies to mission groups in the Caribbean with Agape Flights, and closer to home, volunteering at the Discovery Shop in Chardon, which supports the American Cancer Society.

Three children, five grandchildren, and three great-grandchildren form their clan, and they have been coming back to summer at Lee's childhood home in Chardon for the past seventeen years. Until they journey down to the Sunshine State for the winter, you can find them on the chair volleyball court here at the Center. They're not sure how they found us a few months ago but they are so glad they discovered this new place to call another home. We can't say what brought you here either, but we can say with some certainty that we are glad you have chosen to continue your adventures with us!

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KIRTLAND SENIOR CENTER

## November Riddles:

Why did the Pilgrims want to sail to America in April instead of November?

What stays in the corner all the time while traveling around the world?

*Answers inside!*

### KIRTLAND SENIOR CENTER

(440) 256-4711

[communitycenter@kirtlandohio.com](mailto:communitycenter@kirtlandohio.com)

[www.kirtlandcommunity.com](http://www.kirtlandcommunity.com)

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years.

Become a member at any time!

*Funding provided by the City of Kirtland Recreation and Senior Levy  
and the Lake County Commissioners Senior Citizens Levy*