

GILDERSLEEVE GAZETTE

Kirtland Senior Center Monthly Newsletter

FROM THE DESK OF THE MAYOR

Happy September. I say this mostly because the beginning of September brings great relief to me at my day job. The last day of August is the fiscal year-end at GearTec, the company I work for, and the pressure of getting every last possible sale eases immensely. For those of you who don't know, the job of Kirtland Mayor is technically part-time. From a time spent standpoint, my wife and four daughters would argue that fact, I'm sure.

These wonderful women in my life may also contend that my job at GearTec isn't all that difficult. I guess I don't blame them, as a few nights each month they must endure pictures I send from the picturesque nightly jogs I take, or seemingly more annoying to them, the gluttonous customer dinners I find myself enjoying. These taunting photos reveal ocean vistas, historic riverfront architecture, bustling centers of commerce, and delicacies from restaurants in places like Savannah, Charleston, Houston, and Lafayette, Louisiana.

They don't seem to understand the hard work it takes to peel shrimp and crawfish while trying to keep Cajun spices out of my eyes. Not to mention the agonizing discernment between gator sausage, raw versus grilled oysters, or worse yet, the key-lime or pecan pie. No, they just don't seem to feel bad for me on these occasions.

In all seriousness, though, I consider myself one lucky person. Not only do I love my job at GearTec, but I also appreciate the latitude I am afforded by this place of employment that lets me serve as Mayor of Kirtland. The job allows me to come in late, leave early for city related meetings, and step away at any given time to take phone calls from Department heads or residents as questions or concerns arise.

And as for my family, they truly are supportive of my role as Kirtland's mayor, and I can't thank them enough. As a matter of fact, I probably don't extend my gratitude their way nearly as often as I should. Not only do they put up with the time I spend away from home attending to city business, it's quite common for my wife or daughters to run dinner up to my office window at City Hall or take part in ceremonies and important events around town.

If you're asking what the point of this rambling is, I'd say it's a simple stream of consciousness. A string of utterances intended to display great appreciation for all that is good in my life.

Wishing you all the best,
Mayor Potter

Riddle Answers

He likes to get buffalone.

Because the pride goeth
before the fall!





Happy September! The best month of the year! With leaves changing and sun shining and hayrides haying and clams baking, it's the most wonderful time of the season. As an added bonus, it is my birthday month. And I can think of no better way to celebrate that beloved day than to invite you all to a party here at the Center on Saturday, September 16. While this pancake breakfast may be disguised as our annual support of the Support our Seniors Coalition, it's a thinly veiled attempt on my part to see some of my favorite people on this auspicious day. For real though, I encourage you to come out to the event. It's always a great time and an important cause. Whether or not you are aware, this dedicated group of people and organizations work tirelessly to support you, and they deserve our support as well. Details are on page 9, and tickets are available at the front desk.

I have been asked about the plans for the display case in the hall next to the gym. A prime spot, wouldn't you agree? You want it? We have a sign-up here at the front, and if any classes or non-profit organizations within the Center would like to use it, please let us know. We will have the rules (because aren't there always?) and schedule available soon.

One of my other favorite times of the year is voting day. These are some of the only opportunities we have to welcome half of the community into these hallowed halls. To those who came out to vote a few weeks ago and used the opportunity to sign up as a member, we are so happy to have you!

You may have noticed an increase in the vacuum traffic around the building. We are pleased to introduce you to Delonte, who will be coming out three times a week to make sure that the building is clean and you seniors are smiling.

We are aware that there have been issues with receiving the newsletters in a timely manner. I'm going to pull back the curtain a bit and tell you how the sausage gets made (by using as many mixed metaphors as possible). Once we finalize the newsletter, it is sent off to a magical land in downtown Cleveland for printing. We can't exactly plan the schedule as it is based off where we are in queue. Once it is done, I meander (or drive two miles over the speed limit) to go pick it up. From there, we label. If there seems to be enough time, we try to put them out for a day or two to be picked up. It's faster for you and cheaper for us! From that point it makes it way to downtown Willoughby, where the post office does what the post office does. It's helpful for us to know when people receive it in the mail. If there is a problem, we will do our darndest to fix it. In the meantime, I will be posting the newsletter in its entirety online at both www.kirtlandohio.com and www.kirtlandcommunity.com. We do our best to advertise time-sensitive events a month in advance, but there will be times that new opportunities show up unexpectedly.

We are planning to begin emailing some wonderful information to anyone who has provided us with their email address. Once this begins, you may feel free to opt out. On the other side, please come see us to make sure we have your info on hand if you would like to be included. Trust me, I am not selling this information. Wouldn't even know how to. It will solely be used to convey important info on our end (last minute changes, weather updates, etc.).

You are welcome for this picture of melty me in the heat of the day at the Cincinnati Open this month. Thanks to Marianne and our attendants who held down the fort while I took a day and a half off! Have the happiest of Septembers and we will see you on the 16! ~ Teresa

TABLE OF CONTENTS

Page 1: Note from the Director

Page 2: Weekly Schedule

Page 3: Monthly Schedule and Prices

Page 4: Classes and Activities

Page 5: Bus Trips and Upcoming Events

Page 6: Upcoming Events

Page 7: Upcoming Events, Senior Board

Page 8: Community News

Page 9: Coalition Pancake Breakfast

Page 10: Senior Spotlight

SENIOR CENTER MEMBERSHIP

Per calendar year

Resident (first year): \$10

Non-resident (first year): \$12

Resident (renewal): \$5

Non-resident (renewal): \$7

Paperwork and information available at the front desk

KIRTLAND SENIOR CENTER

SEPTEMBER 2023 WEEKLY SCHEDULE

UPCOMING EVENTS

Senior Center Closed
 Card Making Class
 Bus Trip to Guardians @ Progressive Attorney
 Hiking Club
 Senior Board Meeting
 Birthday Lunch
 Podiatrist
 Chair Volleyball vs Perry
 Book Club
 Senior Coalition Pancake Breakfast
 Trash to Treasure
 Hartville Marketplace
 Trivia
 Men's Lunch
 Clam Bake
 American Legion Craft Show

Strength Training
 Pickleball (drop-in)
 Knitting Group (drop-in)
 TaiJi Fit
 Chair Volleyball (drop-in)

Advanced Pickleball (drop-in)
 Piano Lessons (September 5, 19)
 Pickleball (drop-in)
 Bingo (drop-in)
 Game Day (drop-in)
 Beginner Pickleball (drop-in)

Strength Training
 Mahjong (drop-in)
 Pickleball (drop-in)
 Reflexology/Light Therapy (September 13, 27)
 Fit Yoga w/ Sue
 Chair Volleyball (drop-in)

MONDAY

9:00 – 9:45 am
 10:00 – 1:00 pm
 10:00 am
 1:00 – 2:00 pm
 1:00 – 3:00 pm

TUESDAY

8:30 – 9:30 am
 9:30 – 12:00 pm
 11:30 – 2:30 pm
 12:00 pm
 12:30 pm
 2:30 – 3:30 pm

WEDNESDAY

9:00 – 9:45 am
 10:00 am
 10:00 am – 1:00 pm
 10:00 am – 12:00 pm
 11:00 am – 12:00 pm
 1:00 pm – 3:00 pm

THURSDAY

8:30 – 9:30 am
 9:30 – 11:30 am
 10:00 am
 10:00 – 1:00 pm
 10:30 am
 12:30 – 2:30 pm
 1:00 – 3:30 pm

FRIDAY

9:00 – 10:15 am
 10:00 – 1:00 pm
 10:00 am – 12:00 pm
 10:30 – 11:30 am
 10:30 – 11:30 am
 12:00 – 1:30 pm
 1:00 – 3:00 pm

COMING IN OCTOBER

Threat Awareness Training
 KASC Luncheon
 Card Making Class
 Hiking Club
 Podiatrist
 Senior Board Meeting
 Bus Trip ~ Railroad Adventure
 Attorney
 Trivia
 Ladies Lunch
 Book Club
 Trash to Treasure
 Mystery Trip
 Trunk or Treat
 Birthday Lunch

Advanced Pickleball (drop-in)
 Watercolor Painting
 Chess (drop-in)
 Pickleball (drop-in)
 Cards – Hand and Foot (drop-in)
 Acrylic Painting
 Beginner Pickleball (drop-in)

Gentle Yoga
 Pickleball (drop-in)
 Massage (September 8, 22)
 Strength Training (September 1, 15)
 Chair Yoga
 Reiki (Contact the front office)
 Chair Volleyball (drop-in)

Monday, Oct. 2
 Monday, Oct. 2
 Wednesday, Oct 4
 Monday, Oct. 9
 Tuesday, Oct. 10
 Wednesday, Oct. 11
 Thursday, Oct. 12
 Friday, Oct. 13
 Tuesday, October 17
 Wednesday, Oct. 18
 Thursday, October 19
 October 23-31
 Tuesday, Oct. 24
 Wednesday, Oct. 25
 Tuesday, Oct. 31

For a complete listing of services and classes available, check out our website at www.kirtlandcommunity.com

Drop-in activities require no pre-registration

SEPTEMBER CLASS & WELLNESS SCHEDULE

REGISTRATION IS REQUIRED FOR THE FOLLOWING CLASSES OR WELLNESS APPOINTMENTS:

Fitness Class	Time	Dates	Cost
Aerobics Instructor: Cheryl	Tuesday 10:00-11:00	September 5, 12, 19, 26	\$16 <i>Drop-in: \$4</i>
Aerobics w/drumming Instructor: Cheryl	Friday 11:45-12:45	September 1, 8, 15, 22, 29	\$20 <i>Drop-in: \$4</i>
Gentle Yoga Instructor: Anne	Friday 9:00-10:15	September 1, 8, 15, 22, 29	\$15 <i>Drop-in: \$3</i>
Chair Yoga Instructor: Anne	Friday 10:30-11:30	September 1, 8, 15, 22, 29	\$15 <i>Drop-in: \$3</i>
Fit Yoga Instructor: Sue	Wednesday 11:00-12:00	September 6, 13, 20, 27	\$12 <i>Drop-in: \$3</i>
Strength Training Instructor: Nancy	Mon/Wed 9:00-9:45 Select Fri @ 10:30	August 30, Sept 1, 6, 11, 13, 15, 18, 20, 25, 27	\$30 (10 classes) \$24 (8 classes) \$12 (4 classes) <i>Drop-in: \$3</i>
TaijiFit Instructor: Tim	Monday 1:00-2:00	September 11, 18, 25	\$9 <i>Drop-in: \$3</i>
Workshops	Time	Dates	Cost
Knitting Group	Monday 10:00	Every Monday	FREE
Card Making Class	Wednesday 1:00 PM	September 6 October 4	\$10
Chess Club	Thursday 10:00 am		FREE

Classes	Time	Dates	Cost
Acrylic Painting Instructor: Connie	Thursday 12:30-2:30	September 7, 14, 21, 28	\$28
Watercolor Painting Instructor: Connie	Thursday 9:30-11:30	September 7, 14, 21, 28	\$28
Piano Lessons Instructor: Karen <i>*must register 2 per month*</i>	Tuesday 9:00-1:30	September 5 & 19	\$17 per 30 minutes
Wellness/Other	Time	Dates	Cost
Attorney Deborah Loughner	Thursday / Friday 9:00-11:00	September 8 October 13	FREE 30 minutes
Podiatry Dr. Kelly Whaley	Tuesday 9:00-12:00	September 12 October 10	\$25 per 15 minutes
Reiki Anne Owens	Friday 12:00-1:30	September 11 & 25	\$25 / 25 minute session
Reflexology or Light Therapy Linda McMahon	Wednesday 11:00-1:00	September 13 & 27	\$40 (Reflexology) \$45 (Light Therapy)
Swedish Massage Natalie Lopez	Friday 10:00-2:00	September 8 & 22	\$65 per 50 minutes
Hiking Club <i>*See inside for location</i>	Monday 10:30 am	September 11 October 9	FREE
Beginner Pickleball Lessons	Thursday 1:00-2:00	No Lessons in September	FREE

CHAIR YOGA

Our yoga instructor, Anne Owens, teaches a chair yoga class every Friday. This class is a gentle yoga class with an emphasis on stretching and strengthening movements while seated in a chair. A portion of class will provide instruction on the option to use a chair for support with select standing postures. This class finishes with a seated meditation and breathing practices. It will be on Fridays at 10:30 am and costs \$12 for the month or \$3/class.

CHESS CLUB

Are you a chess player? Do you want to learn how to play chess? We meet weekly on Thursday mornings at 10:00 am - 12:00 pm. All levels are welcome and no registration is necessary!

CARDIO DRUMMING

Our fantastically fun (and sometimes loud) cardio drumming class continues every Friday. Due to popular demand and thanks to the flexibility of our instructor Cheryl, the class has been moved to 11:45 am. As always, if you have never tried a class, the first is free.

BINGO

We are playing Bingo every Tuesday! Bingo will be held in the Sunflower Room at 12:00. There is no cost to play and everyone is invited.

PIANO LESSONS

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons tailored to the learning styles of the adult students. Students are welcome to bring their own music to lesson. You must sign up for two classes a month. The cost is \$34 per month. Please contact the front office if you are interested in taking lessons. The next lessons will be held on September 5 and 19 between 9:00 am - 1:00 pm. Right now, we are looking to perhaps add a second session of classes if there is enough interest. The wait list is available at the front desk.

STRENGTH TRAINING

Our fantastically fantastic Strength Training instructor, Nancy, has added a Friday class! Thanks to the flexibility of the yoga classes (no pun intended), Nancy will now be offering classes on the first and third Fridays of the month at 10:30. Check the calendar for any changes in schedule.

BEGINNER PICKLEBALL LESSONS

New to Pickleball? Need to learn the basics? We got you covered with the ins and outs of pickleball. Lessons are on Thursday from 1:00-2:00 pm. **Our next session (four classes) will begin in the fall.** These are FREE classes, but fill up incredibly quickly.

If you have already taken the class, we ask that you be put on a wait-list. With the popularity of pickleball rising, we want to make sure to give everyone an opportunity to learn how to play correctly and safely. If you are not able to come to every class, please consider waiting for another month to allow others to participate.

Pre-registration is required and space is limited. Make sure to wear tennis shoes and comfortable clothes you can move in!

EXPANDED PICKLEBALL HOURS

Advanced Pickleball:

Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play more competitively. If you join us, get ready for great shots and fast games!

Beginner Open Play:

Beginner Pickleball will be on **Tuesdays from 2:30 - 3:30 pm and Thursdays from 1:00 - 3:30 pm.** If you want to start playing, get some practice, or work on your game, this is a great time to do it!

Outdoor Pickleball:

The Outdoor Courts are OPEN for the season! Please note that the courts are available on a first come-first served basis. If there are people waiting to play, please be courteous and share the courts. **Senior Center members have priority from 10:00 am - 1:00 pm each weekday.**

MYSENIORCENTER SIGN-IN

If you've been to the Center in the past few weeks, you'll notice that our brand spanking new MySeniorCenter sign in system is up and running! Make sure to head over to the front desk to grab your key card, and then check in for whatever you're doing whenever you're doing it. Thank you to the Lake County Commissioners Office for supplying us with this new resource. Not only does this eliminate paper sign-ins, but also allows us to collect data on how our Center is being used and when.

THE SENIOR CENTER

WILL BE CLOSED

Monday, September 4

Friday, November 10

Gym will be closed for voting on

Tuesday, November 7



BUS TRIPS

Guardians Game @ Progressive Field - Wednesday, September 6

What's a summer without a baseball game? Our bus will be taking a trip down to Progressive Field on Wednesday, September 6 to see the Guardians take on the Twins. We'll leave from the Center around 11:45, and the first pitch is at 1:10 pm. This trip is \$45/person and includes a lower reserved game ticket and the bus ride. **Please RSVP by July 20.**

Hartville Marketplace and Flea Market - Monday, September 18

Come out for day of shopping, eating, and exploring! Named one of the top 20 flea markets in the USA, Hartville boasts over 3 acres of indoor shopping, and an outdoor market on Mondays. We will leave the Center at 10:00 am, and be back around 5:00 pm. Cost is \$5. Shopping and food is on your own! RSVP by Wednesday, September 13.

Riding the Rails to Akron - Thursday, October 12

We're pretty excited for this one... we'll be boarding the bus and heading down to Peninsula. From there we'll grab a ride on the Cuyahoga Valley Scenic Railroad and mosey down to Akron. You'll get some time to spend on your own - from lunch to shopping to the Akron Art museum, the world is your oyster. At least until we re-board and head back north. SPACE IS LIMITED, and sign-ups will begin on September 1. We will meet at the Center at 9:30 am, and be home around 5:00 pm. Cost will probably be around \$25, but we'll let you know.

Mystery Trip - Tuesday, October 24

What better time than October for a mystery???? We will be traveling to parts unknown (the bus driver will know) on Tuesday, October 24. Leaving around 9:45 am, we'll journey into the abyss on a fantastic trip about which you will know nothing until we reach our destination. Please note, there will be a good amount of walking involved. Cost is \$20, lunch will be on your own. We'll return around 3:15 pm. RSVP by Monday, October 16. DO YOU TRUST US?!?!?!

Please remember that all of our bus trips are for Senior Center members only. No reservations will be taken after the cut-off date.

PAYMENT IS DUE AT THE TIME OF THE RESERVATION

GUARDIANS DAY GAMES - WEDNESDAY, SEPTEMBER 6

Come on out and help us root on the home team! Join us for the 1:10 pm game against Minnesota on Wednesday, September 6. This is our FINAL watch party of the season! Yummy ballpark goodies will be provided by donation. No RSVP necessary.

HIKING CLUB - MONDAY, SEPTEMBER 11

Join us for a hike on Monday, September 11 from 10:30 - 11:30 at Orchard Hills Park in Chesterland. We will meet at the parking lot. **Registration is requested but not required!** We hike rain or shine... use your best judgment and dress for the weather. A special thanks to Sue and Bob Morecki for leading us on the journey! See you on the trails.

BOOK CLUB - THURSDAY, SEPTEMBER 14 @ 11:00 AM

September's discussion will be around "Joan is Okay" by Weike Wang, which I have yet not read. Apparently, this is "deceptively spare yet quietly powerful, laced with sharp humor." I'm loving this description, and hope to get this one in before the middle of the month! The next Book Club is set for October 19 at 11:00 and we will be discussing "Major Pettigrew's Last Stand" by Helen Simonson. When retired Major Pettigrew strikes up an unlikely friendship with Mrs. Ali, the Pakistani village shopkeeper, he is drawn out of his regimented world and forced to confront the realities of life in the twenty-first century.

Welcome to our new members this month!

Barbara, Awilda, John, Beverly, Patricia, Patricia, Marc, Liz, Steve, Marcy, Ronald, Ginny, Ray, Edward, Cheryl, Bernard, Mary Ann, Linda, Anna, Robert, Ellen, Kevin, Dorie, Lloyd, Cathy



TRASH TO TREASURE

Our next Trash to Treasure Sale will be held from September 18 - 27. Drop off any household items you would like to donate for our sale. No personal items, clothing or electronics please! We will be accepting items during normal business hours. If you have any donations, please bring them to the front office rather than putting them on the table. All proceeds go to the Senior Board.

UPCOMING EVENTS

UPCOMING EVENTS

BIRTHDAY LUNCH CELEBRATION - TUESDAY, SEPTEMBER 12

New this year - join us for YOUR birthday month & lunch is on us! Our next Birthday Lunch is Tuesday, September 12 at 12:00 pm. **The cost is \$8.** Our menu is lasagna and garlic bread. **Please RSVP by September 8.** EVERYONE is welcome, regardless of your birthdate! Our next Birthday celebration will be on October 31 and the menu will be stuffed cabbage and mashed potatoes.



MEN'S LUNCHEON - WEDNESDAY, SEPTEMBER 20

Men's Luncheon will be held Wednesday, September 20 at 12:00 pm. The menu is steaks and a baked potato. Cost is \$8. **Please RSVP by September 12.** The next luncheon will be November 15 and the menu is chicken parm and pasta.

LADIES LUNCHEON - WEDNESDAY, OCTOBER 18

June's ladies lunch will be held Wednesday, October 18 at 12:00 pm and the menu is beef stew and corn bread. **Cost is \$8.** **Please RSVP by October 13.** Our next luncheon will be December 20 and the menu is chicken pot pie.

All menus are set in advance. If you have a specific dietary need, please let us know and we will do our best to accommodate you.

CHAIR VOLLEYBALL VS. PERRY - WEDNESDAY, SEPTEMBER 13

Our awesome chair volleyball players have their teams set and will be headed out to Perry to take on their Senior Center in an epic battle of will. That's where YOU come in. We need your help to root us on to victory! We'll be taking a bus, leaving the Center around 8:45 am and returning around 1:00 pm. Play will begin around 9:30 am, and after we win, we will enjoy lunch at the Center. Cost is \$13 for lunch and the bus and RSVPs are due by Tuesday, September 5.

CLAM BAKE - TUESDAY, SEPTEMBER 26

The Annual KSC Clam Bake will be held on Tuesday, September 26 at 12:00 pm in the Pavilion. Lunch will include dozen clams, 1/4 chicken, clam chowder, 1/2 ear corn, 1/2 sweet potato, cole slaw, broth & rolls. Cost for the Clam Bake is \$22 per person. This event is for Kirtland Senior Center members only & there is limited space available. Please RSVP by September 12. No reservations will be taken after this date.

TRIVIA - TUESDAY, SEPTEMBER 19

Join us in-house for Trivia on Tuesday, September 19 at 11:00 am. Come join us and be a part of a team this month and put all your random (or useless) knowledge to good use! Most of the questions are multiple choice, and it's **FREE** to play! We promise, this is low-pressure and the stakes are NOT high. Winning team chooses the next month's theme! We meet in the lobby to form teams and then the fun begins. No registration necessary.



GREETING CARD MAKING

Make your own greeting cards! Come to enjoy creating three original cards and have fun socializing while stamping, coloring, and gluing. We will do an assortment of cards during each monthly classes. Cost is only \$10 per class and that includes all the paper, stamps, ink, die cuts, and embellishments. All you need to bring is a pair of scissors and adhesives. Our next class will be Wednesday, September 6 at 1:00 pm and will be held the first Wednesday of each through October. Class is limited to 10 per month. Registration is required.

SMILE! YOU'RE ON CAMERA

As part of the funds received through the County, we have also installed cameras throughout the building. These cameras will **ONLY** be used for safety and security purposes, and access is restricted to authorized personnel only. Coverage includes the gym, fitness center, and all outdoor facilities. While signs are posted, we wanted to give you a heads up!

Just a reminder to check in whenever you come into the Center for ALL the activities that you will be doing that day. Thank you in advance for your help!

UPCOMING EVENTS

STOP

THE THREAT
 THREAT AWARENESS
 TRAINING FOR SENIORS



YOU HAVE OPTIONS
JOIN US FOR A DISCUSSION
KIRTLAND COMMUNITY CENTER
MONDAY
OCTOBER 2ND
AT 1:00PM

SENIOR BOARD SHIRT SALE

The Senior Board is selling Kirtland Senior Center shirts and Polo's. Cost is \$12 for t-shirt & \$25 for polos. Order forms are available in the office. Make checks payable to Kirtland Senior Guild. Please note that there are additional charges for plus sizes.



TRUNK OR TREAT - WEDNESDAY, OCTOBER 25

Come join us for the community-wide Trunk or Treat this October! We will be opening our doors to the young'uns and serving up tricks and treats. If you'd like to join us from 6 - 8:00 pm, let us know at the front desk.



SENIOR BOARD MEMBERS

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2023 Senior Board consists of: David Saywell (President), Junior Orick (Vice-president), Marcia Haymer (Secretary), Penny Everson (Treasurer), Bill Russ, Karin Saywell, Janet Johnson, and Jean Orick.

FROM THE SENIOR BOARD

Where did the summer go? It is hard to believe that I am writing September's column. For those of you who have taken the summer off, the Center continues to be busy with plenty of activities. It's time to make us part of your daily routine again. There is no excuse for you not to begin your fall regiment and sign up for a class or two. For those who did not take the summer off, consider doing more activities with the weather about to turn cooler.

In August the Senior Board scheduled our annual pig roast. If you haven't signed up, you are too late. Reservations had to be in by August 15th. It is not too late to sign up for the clam bake. Reservations are accepted until September 12th. We will try to eat outdoors again, weather dependent. We also offer several lunches during the month. Most lunches are \$8. Please join us.

Several bus trips are scheduled in September that could attract your attention. On September 6th we are travelling to a Guardians game at Progressive Stadium. On September 18th we will be going to Hartville Market. Registration must be in by September 13th. Hartville has been designated as one of the top 20 flea markets in America. If you have never been, it might be worth \$5 for the bus.

The Center is always a busy place, and we want to see you using our facilities. Please read the newsletter to make sure you are aware of our upcoming activities. Otherwise, enjoy the changing of the leaves, as we say good-bye to summer. Hope you are well and see you soon. Best, David Saywell

COMMUNITY NEWS

THIS MONTH AT THE KIRTLAND LIBRARY:

September 15 @ 2:30 pm

Color Me Calm

Come relax and color with us at the library. We will supply the coloring pages, pencils and music. Feel free to bring your own supplies if you like. Just sign up and show up! *Registration requested.*

September 28 @ 1:30 pm

No Pressure Book Discussion

Join us in the Community Room to talk about books! Any books you've read recently that you want to recommend to others!

September 26 @ 6:00 pm

Cookbook Club

Fall Foods and spices are the theme for this month! Anything goes! Sign up and show up at 6pm with something to share with the group! Registration requested so that you have the pertinent information. *Registration requested.*

Special Events

September 12 @ 5:30 pm

Card Making Class

Join Pat Bowman for a fun night of card making. All supplies will be provided. The cost is \$10 cash at the door. Please register for this event.

September 19 @ 6:30 pm

Flavored Butters Culinary Class

Just in time for the holidays, you can come sample different flavored butters and decide which ones you want. We will demonstrate how to make butter from scratch and add flavors into it. You will also learn about flavor combinations and how to add those flavors into prepared butter sticks. Registration is necessary and space is limited.



KIRTLAND AREA SERVICE COUNCIL LUNCHEON - MONDAY, OCTOBER 2

All seniors are invited to the annual Fall Senior Luncheon sponsored by the Kirtland Area Service Council. On Monday, October 2, we will gather here at 11:00 am at the Community Center for a lunch of: meatloaf, mashed potatoes, glazed carrots, roll, and layered cake. Tickets are \$10 for Kirtland residents and \$12 for non-residents. All payments are due to the Community Center by September 15.



AMERICAN LEGION CRAFT SHOW - SATURDAY, SEPTEMBER 30

The annual American Legion Post #609 Craft Show will be held here at the Community Center on Saturday, September 30 from 9:00 am - 3:00 pm. All are welcome! The money raised at the door will be used for scholarships for children of our Kirtland military and care packages for those Kirtland area military who are currently serving.



Pancake Breakfast

Join us for the 5th annual pancake breakfast to help raise funds to Support Our Seniors!

SATURDAY, SEPTEMBER 16, 2023
9AM-NOON

KIRTLAND SENIOR CENTER
7900 EUCLID CHARDON ROAD

Presale tickets are \$10 for adults and \$5 for children 12 and under and are available at any Lake County Senior Center, Council on Aging, or Lifeline.

Tickets at the Door: \$12 adults; \$5 children 12 and under
Dine-In only. Cash or Check payable to *Support Our Seniors* only.
Breakfast includes pancakes, two sausages, coffee and juice.

SENIOR SPOTLIGHT

Why did it take us so long to do this particular Senior Spotlight? Well, I'm glad you asked. You try to schedule time with Villy! This lady, who insists that she isn't busy is, in fact, extremely busy. I feel honored that she took some time out of her "not-busy" life to meet up with me.

Vilija Vinis (Villy to those in the know - let's assume that we are) was the second eldest of seven total siblings. I didn't think to ask her how many bathrooms were in their childhood home, and it seems like an oversight on my part. (Update - there was ONE!!!!) Her youngest sister is fourteen years her junior, which probably means that her mother is a rock star and that Villy most likely had to find opportunities for peace and quiet when she could. She grew up in North Collinwood, in the Neff Road area, and attended Our Lady of Perpetual Help, where her uncle was the pastor.

As a youngster, Villy did the things that good teenagers were supposed to do. She probably did things they weren't supposed to do also, but we didn't get into that. She attended Lithuanian school (I presume this is where they further explore their heritage and learn the language, but I can't be positive). She was also part of the Lithuanian dance group, which I would like her to prove to us. She delivered newspapers at an age where she should not have legally delivered newspapers. The family has a farm in Madison, where they all worked. She interned at the Cleveland Press, and one of her first "official" jobs was at Sandy's Frozen Whip when she was twelve years old. I feel pretty confident in saying that Villy has ALWAYS been busy. Once she was all grown up (like, 17-ish), she got a job with the City of Cleveland, working under the Commissioner of Water and Power. From there, she began working at an industrial automotive sales firm.

All of this leads up to the fact that she didn't like the cold. Shockingly, her VW was not the most efficient car in the snow, and Villy was "California dreaming" every winter. She got married here in Cleveland, and when a sales job on the west coast opened up, you can bet your life that she was outta here. She eventually became the Western Region Sales Manager, and traveled the length and breadth of the left coast. When you ask most people if their reality lived up to their dreams, they sigh and shrug. Villy immediately responds with - "it was more." Never one to rest on her laurels, she started her own industrial sales company, doing really important things regarding installing process systems. As we all know, all work and no play leads to terrible outcomes. Fortunately, Villy found time to play.

There is no way on God's green earth that I have enough room to dedicate to this part of the story, so I'll summarize. You will have to seek her out and ask her to elaborate. For your sake, I hope she does.

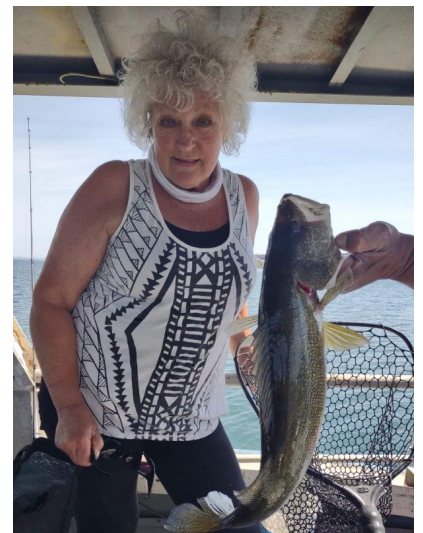
Villy and her husband lived with their two daughters at the bottom of a ski resort. It is (probably) against California law to reside in said locale and not ski. Their commitment to the sport included a good amount of charity work on Mom's part. When a bad accident ended Olympic dreams for her oldest, the tennis tournament at Indian Wells sealed her fate. Watching Steffi Graff play is inspiring to anyone, and to this day, her daughter continues in the world of athletics while living in Cairo.

After said injury, the doctor suggested horseback riding therapy, so both the girls joined the equestrian world. On their property, they eventually ended up with: snakes, parrots, bearded dragons, chinchillas, horses, and pigs. It's really no wonder that the younger daughter is an unofficial "horse whisperer" still out in California. If you get a minute, ask Villy about the racehorses.

All of that, and we haven't even gotten her back to Ohio yet! She moved back home nine years ago to help her brother and his family. Other than family, I'm not sure how she would rank the following in order of import, but here we go. Villy has three pot belly pigs (Pwetty, Pwease, and Blister) with whom she watches Wheel of Fortune. She is the first mate for her brother's Linda Mae Fishing Charters. She volunteers at St. Noel's food pantry. She loves the Cavs, Browns, and tennis. All to say - this woman is, in fact, busy.

Villy started out here at the Senior Center at the invitation of a friend. After a knee injury, she was looking for a way to get moving, and sure as heck found it at 7900 Euclid Chardon Road. She is vehement about the friends she has made here. In all her travels, rarely has she found a group more compassionate and supportive. And in describing her "little group" of beginner pickleball players, she says she has more fun here with them "than at a bar." While that may depend on the bar, I think they should take it as a high compliment.

When this girl dreams, whether in Cali or Ohio, she does so in technicolor. Catch her when you can - you won't regret it!



WIloughby, OH
Permit No. 174
U.S. POSTAGE PAID
PRESORT STD.

WIloughby, OH
Permit No. 174
U.S. POSTAGE PAID
PRESORT STD.

KIRTLAND, OH 44094
7900 EUCLID-CHARDON ROAD
KIRTLAND SENIOR CENTER

BAD JOKES FOR SEPTEMBER:

Why does the bison like to work out by himself?

Why did the lions move at the end of summer?

Answers inside!

KIRTLAND SENIOR CENTER

(440) 256-4711

communitycenter@kirtlandohio.com

www.kirtlandcommunity.com

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

*Funding provided by the City of Kirtland Recreation and Senior Levy
and the Lake County Commissioners Senior Citizens Levy*