

GILDERSLEEVE GAZETTE

Kirtland Senior Center Monthly Newsletter



FROM THE DESK OF THE MAYOR

Has anyone been to the new Crowley's of Kirtland? If not, do yourself a favor and get there as soon as possible. Located at the corner of Russellhurst Drive and Route 306, at the southern edge of downtown Kirtland (the site of the former

Just One More Tavern), the recently opened Crowley's boasts what was recently named Cleveland's best burger, the Smashburger. I can tell you, whether you get the Smashburger or any other menu item, you won't be disappointed.

When I heard the dynamic restauranteurs, Dave Bartulovic, along with his partners, Seamus and McPat Coyne and Brendan Kearney, decided to invest in Kirtland and expand their Crowley's brand beyond their Vine Street location in Eastlake, I was elated. And if you are wondering why the restaurant was named Crowley's, you need to look no further than the wall behind the red booths in the establishment. I must admit, the story behind the name is as interesting and honorable as anything I've ever heard. You must check it out.

For me, not only did I know the restaurant would be a hit here in Kirtland, but the name, Crowley's, carries a bit of pride and nostalgia for my family. You see, one of my great-grandmothers was born a Crowley and emigrated to America from County Cork, Ireland, in the late 1800's.

Her family settled in Cleveland where she met my great-grandfather, James Kennedy Potter. Although I never knew either, I grew up hearing about Anna Mae Crowley and the Potter Hotel she helped run with my grandfather in the early 1900's in the Collinwood neighborhood in Cleveland. Understanding that the naming of Crowley's of Kirtland had zero to do with honoring my lineage, it does give me a real sense of pride when I see part of the Crowley family crest on the marquis above the front door of the restaurant.

To close, I'll stop just short of a guarantee... No, I will guarantee that whether you treat yourself to a Smashburger or any other menu item at Crowley's of Kirtland, you simply won't regret the decision.

~ Mayor Potter, signing off from Russellhurst Drive, and only a dangerous one hundred fifty yards away from Crowley's of Kirtland.



I really need to start adding to this column as events occur, so I don't miss any thank yous or important information. Instead, you are treated to the best my memory can provide and know that if I missed something, it was entirely in error.



We began April with a new beginning. I was thrilled that people are willing to assist in creating our volunteer group for anyone who wants to help out around the community. There is much more information available on page 9, including details about our May opportunity to serve as well as our collection for the month. I have to admit I'm really excited about this new project and am so appreciative to those seniors who are taking the reins! For anyone interested in being part of the planning process, the group decided that we will meet on the first Thursday of every month at 10:30. All are welcome!

Although it feels like a million years ago, a special thank you to the Senior Board for supporting us with our eclipse bags and to Laura and Diane for helping to assemble! The least we could do to help you commemorate this monumental occasion was to hopefully provide you with a few chuckles. I've loved hearing everyone's stories from the day, and am so proud of Cleveland for hosting so many people in such a special way that entire weekend!

We welcomed spring with our first ever tea. Again, if I planned it, y'all would have been drinking Snapple and listening to playlists. Fortunately for everyone involved, the unending generosity of our local community stepped up. Nancy Cervi from Community of Christ did a brilliant job of hosting from the decorations to the food to the ambiance, and this event would not have happened without her! She is a master of hospitality and we were honored to be her guests. The event was capped off with a lovely performance from Selah, the women's choir from the Church of Jesus Christ of Latter-day Saints. Sarah Jackson is a master of not only logistics but of generally being a swell person, and we are grateful to the entire group for their concert!

Few quick housekeeping items: for those of you who have ever misplaced something at the Center, please check our lost and found (located behind the double doors leading to the main office). This box WILL be cleaned out by the middle of May, and anything unclaimed will either be pitched or donated.

In the next few weeks, they will begin construction on the outdoor restrooms. Yay! While they are working on them, there will be NO parking in the spots closest to the pavilion and pickleball courts. We don't have an exact date for you, but you'll know when it begins. They aren't subtle. Thanks in advance for your flexibility and patience.

Speaking of which, a huge thank you to Joe Fornaro, the Public Works team, and Mother Nature for putting up the outdoor pickleball nets! As a reminder, these ARE open to the public, but reserved for Senior Center members between 10:00 am - 1:00 pm on weekdays. If you are only playing outside, please be sure to check in at the MySeniorCenter kiosk by the front desk!

I have run out of room to go through the upcoming May events, but suffice it to say, you have a lot of reading ahead of you. There is a lot planned for this summer. The trips for June look a little different, so make sure to check out page 5.

The one thing I never forget to do is be thankful for all of you. You make our Center a wonderful place to be, and I promise each of you that you are welcomed and loved! Happy May. ~ Teresa

TABLE OF CONTENTS

- Page 1: Note from the Director
- Page 2: Weekly Schedule
- Page 3: Monthly Schedule and Prices
- Page 4: Classes and Activities
- Page 5: Bus Trips and Upcoming Events
- Page 6: Upcoming Events
- Page 7: Community News
- Page 8: Senior Board, Community News
- Page 9: Community News
- Page 10: Senior Spotlight

SENIOR CENTER MEMBERSHIP

Per calendar year		Paperwork and information available at the front desk	
Resident (first year):	\$10	Resident (renewal):	\$5
Non-resident (first year):	\$12	Non-resident (renewal):	\$7

MAY 2024 WEEKLY SCHEDULE

MONDAY

9:00 – 9:45 am
 10:00 – 1:00 pm
 10:00 am
 1:00 – 2:00 pm
 1:00 – 3:00 pm

Strength Training
 Pickleball (*drop-in*)
 Knitting Group (*drop-in*)
 Tai Chi Fit
 Chair Volleyball (*drop-in*)

8:30 – 9:30 am
 9:30 – 11:30 am
 10:00 am
 10:00 – 1:00 pm
 12:00 – 1:00 pm
 12:30 – 2:30 pm
 1:00 – 2:00 pm
 2:00 – 3:30 pm

Advanced Pickleball (*drop-in*)
 Watercolor Painting
 Chess (*drop-in*)
 Pickleball (*drop-in*)
 Reiki (*May 9 & 23*)
 Acrylic Painting
 Pickleball Assistance
 (*check dates at front desk*)
 Beginner Pickleball (*drop-in*)

TUESDAY

8:30 – 9:30 am
 9:30 – 12:00 pm
 10:00 – 11:00 am
 11:30 – 2:30 pm
 12:00 pm
 2:30 – 3:30 pm

Advanced Pickleball (*drop-in*)
 Piano Lessons (*May 7 & 21*)
 Aerobics
 Pickleball (*drop-in*)
 Bingo (*drop-in*)
 Beginner Pickleball (*drop-in*)

FRIDAY

9:00 – 10:15 am
 10:00 – 1:00 pm
 10:30 – 11:30 am
 10:30 – 11:30 am
 11:45 – 12:45 pm
 1:00 – 3:00 pm

Gentle Yoga
 Pickleball (*drop-in*)
 Strength Training (*May 3 & 17*)
 Chair Yoga
 Aerobics w/drumming
 Chair Volleyball (*drop-in*)
Drop-in activities require no pre-registration.

MAY 2024 EVENTS

Thursday, May 2
 Monday, May 6
 Wednesday, May 8
 Friday, May 10
 Monday, May 13
 Tuesday, May 14
 Tuesday, May 14
 Wednesday, May 15
 Thursday, May 16
 Friday, May 17
 Friday, May 17
 Saturday, May 18
 May 20 - 31
 Tuesday, May 21
 Tuesday, May 21
 Tuesday, May 21
 Thursday, May 23
 Friday, May 24
 Monday, May 27
 Thursday, May 30

Volunteer Meeting
 KASC Senior Lunch
 Senior Board Meeting
 Massage
 Hiking Club
 Bee Presentation
 Podiatrist
 Men's Lunch
 Book Club
 Attorney
 Public Works Open House
 City Memorial Clean-up
 Trash to Treasure
 Birthday Lunch
 Bus Trip – Rittman
 Senior Day @ the Mall
 Volunteer @ Rescue Village
 Memorial Day Potluck
 Closed for Memorial Day
 Kirtland Memorial Day Ceremony
 Bus Trip – Maltz Center

COMING IN JUNE 2024

June 4 OR June 21
 Wednesday, June 5
 Wednesday, June 5
 Thursday, June 6
 Friday, June 7
 Monday, June 10
 Tuesday, June 11
 Tuesday, June 11
 Wednesday, June 12
 June 13 – 15
 June 17 – 18
 Wednesday, June 19
 Wednesday, June 19
 June 19 - 28
 Thursday, June 20
 Friday, June 21
 Tuesday, June 25
 Wednesday, June 26

Mystery Bus Trip
 Produce Auction
 Card Making Class
 Volunteer Meeting
 Massage
 Hiking Club
 Trivia
 Podiatrist
 Senior Board Meeting
 Strawberry Festival
 Pickleball Tournament
 Ladies Lunch
 Gazebo Concert
 Trash to Treasure
 Book Club
 Attorney
 Birthday Lunch
 Gazebo Concert

MAY CLASS & WELLNESS SCHEDULE

REGISTRATION IS REQUIRED FOR THE FOLLOWING CLASSES OR WELLNESS APPOINTMENTS:

Fitness Class	Time	Dates	Cost
Aerobics Instructor: Cheryl	Tuesday 10:00-11:00	May 7, 14, 21, 28	\$15 Drop-in: \$4
Aerobics w/drumming Instructor: Cheryl	Friday 11:45-12:45	May 3, 10, 17, 24, 31	\$20 Drop-in: \$4
Gentle Yoga Instructor: Anne	Friday 9:00-10:15	May 3, 10, 17, 24, 31	\$15 Drop-in: \$3
Chair Yoga Instructor: Anne	Friday 10:30-11:30	May 3, 10, 17, 24, 31	\$15 Drop-in: \$3
Fit Yoga Instructor: Sue	Wednesday 11:00-12:00	May 1, 8, 15, 22	\$12 Drop-in: \$3
Strength Training Instructor: Nancy	Mon/Wed 9:00-9:45 Select Fri @ 10:30	May 3, 6, 8, 13, 15, 17, 20, 22, 29, 31, June 3	\$30 (10 classes) \$24 (8 classes) \$12 (4 classes) Drop-in: \$3
TaiJiFit Instructor: Tim	Monday 1:00-2:00	May 6, 13, 20, 27	\$9 Drop-in: \$3
Workshops	Time		Cost
Knitting Group	Monday 10:00		FREE
Chess Club	Thursday 10:00 am		FREE

Classes	Time	Dates	Cost
Acrylic Painting Instructor: Connie	Thursday 12:30-2:30	May 2, 9, 16, 23	\$20
Watercolor Painting Instructor: Connie	Thursday 9:30-11:30	May 2, 9, 16, 23	\$20
Piano Lessons Instructor: Karen <i>*must register 2 per month*</i>	Tuesday 9:00-1:30	May 7 & 21	\$15 per 30 minutes
Wellness/Other	Time	Dates	Cost
Attorney Deborah Loughner	Thursday / Friday 9:00-11:00	May 17 June 21	FREE 30 minutes
Podiatry Dr. Kelly Whaley	Tuesday 9:00-12:00	May 14 June 11	\$25 per 15 minutes
Reiki Anne Owens	Thursday 12:00-1:300	May 9 & 23	\$20 / 25 minute session
Reflexology or Light Therapy Linda McMahon	Wednesday 11:00-1:00	May 8 & 22	\$40 (Either Reflexology or Light Therapy)
Swedish Massage Natalie Lopez	Friday 10:00-2:00	May 10 June 7	\$60 per 50 minutes
Hiking Club <i>*See inside for location</i>	Monday 10:30 am	May 13 June 10	FREE

GREETING CARD MAKING

Make your own greeting cards! Come to enjoy creating three original cards and have fun socializing while stamping, coloring, and gluing. We will do an assortment of cards during each monthly classes. Cost is only \$10 per class and that includes all the paper, stamps, ink, die cuts, and embellishments. All you need to bring is a pair of scissors and adhesives. Our first class will be **Wednesday, June 5 at 1:00 pm** and then will be held the first Wednesday of each through September. Class is limited to 10 per month. Registration is required.

CHESS CLUB

Are you a chess player? Do you want to learn how to play chess? We meet weekly on Thursday mornings at 10:00 am - 12:00 pm. All levels are welcome and no registration is necessary!

CARDIO DRUMMING

Our awesomely fun (and sometimes loud) cardio drumming class continues every Friday. Due to popular demand and thanks to the flexibility of our instructor Cheryl, the class has been moved to 11:45 am. As always, if you have never tried a class, the first is free.

BINGO

We are playing Bingo every Tuesday (unless there is another event scheduled at that time)! Bingo will be held in the Sunflower Room at 12:00. There is no cost to play and everyone is invited.

PIANO LESSONS

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons tailored to the learning styles of the adult students. Students are welcome to bring their own music to lesson. You must sign up for two classes a month. The cost is \$30 per month. Please contact the front office if you are interested in taking lessons. The next lessons will be held on May 7 & 21, between 9:00 am - 1:00 pm. Right now, we are looking to perhaps add a second session of classes if there is enough interest. The wait list is available at the front desk.

STRENGTH TRAINING

Our fantastically fantastic Strength Training instructor, Nancy, has added a Friday class! Thanks to the flexibility of the yoga classes (no pun intended), Nancy will now be offering classes on the first and third Fridays of the month at 10:30. Check the calendar for any changes in schedule.

BEGINNER, OPEN, AND ADVANCED PICKLEBALL

Everyone is always welcome to drop-in to pickleball, but here are a few guidelines to help you out.

Our schedules are set for a reason, and we ask that you **do NOT ENTER the gym** until the assigned time. Additionally, we ask that you **LEAVE the gym** at the scheduled time.

Open Pickleball is 10:00 am - 1:00 pm every weekday (except for Tuesday, when it runs from 11:30 am - 2:30 pm and Thursday, when it runs until 1:30 pm). We ask for patience as you wait for your turn to play! This is open to ALL levels.

Beginner Pickleball is for those who are just starting out or would enjoy a more comfortable level of play. While anyone can come, expect that the competition level will be more casual. More experienced players are welcome to come out and offer some wisdom and guidance! Beginner hours are on Tuesdays from 1:30 - 3:00 pm. If you are new to the game and would like to learn the basics, beginner hours with a bit more instruction are also offered on Thursdays from 1:30 - 3:00 pm.

Advanced Pickleball is held Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play more competitively. If you join us, get ready for great shots and fast games!

The **Outdoor Courts** are now open! These are available to the public, but are reserved for Senior Center members from 10:00 - 1:00 on weekdays.

BALANCE AND FLEXIBILITY CLASS - STARTING IN JUNE

This new class will help you improve your balance and flexibility, which prevents falls and injuries and gives you greater confidence to enjoy your life. We will be doing exercises that improve bone density, strengthen muscles, legs, and core that help keep your equilibrium and improve your stability. In our class we will also do warm up stretching exercises to improve posture, performance, and range of motion which enhances and prepares you for your balance and strength exercises. You can modify this class to your unique needs. **Class will be held at 10:30 on Monday mornings beginning on June 3.** Instructor: Dawn Gettig (welcome back!)

MYSENIORCENTER SIGN-IN

Please remember to check in at the kiosk for whatever you're doing whenever you're doing it. Thank you to the Lake County Commissioners Office for supplying us with this MySeniorCenter. Not only does this eliminate paper sign-ins, but also allows us to collect data on how our Center is being used and when.

BUS TRIPS

To the best of our ability, bus trips will be advertised two months out.

When new trips are scheduled, registration will begin at 11:00 am on the first of the month.

In order to confirm your spot on that day, you must register in person with full payment.

Online registration will open on the second of each month.

Rittman Cemetery and Lehman's - Tuesday, May 21

As an early observance of Memorial Day, we will travel down to the Ohio Western Reserve National Cemetery in Rittman. Following our tour, we will have lunch (on your own), and conclude the day at Lehman's Amish Goods in Kidron. The bus will leave around 9:00 am on Tuesday, May 21 and return around 6:00 pm. The cost per person is \$5 (cash only please). THIS BUS TRIP IS SOLD OUT! Come to the front desk to sign up for the wait list.

Maltz Performing Arts Center Tour - Thursday, May 30

We will travel to the Maltz Performing Arts Center for a behind-the-scenes tour of this beautiful, historic building in University Circle. Following the tour, we will enjoy lunch at Urban Kitchen (on your own). The bus will leave around 10:30 am on Thursday, May 30 and return to Kirtland around 2:15 pm. The cost per person is \$5. As of printing, there are VERY few tickets left, so make sure to sign up soon!

Mystery Trips - Tuesday, June 4 AND Friday, June 21

These trips will open at 11:00 on Wednesday, May 1. How much do you trust Teresa??? If you answered not at all, then these trips are for you. A few times a year, we host a mystery bus trip to areas unknown to everyone but me and Laketrans. And they won't tell you, so don't even try to ask. We will be leaving the Center at 12:15 pm on both Tuesday, June 4 and Friday, June 21 and arrive back in Kirtland around 4:30. Cost is \$30/person. Note that lunch is NOT included, so make sure to eat first! You may sign up for ONE of the dates listed. While they are similar trips, they are not identical. **If you would like to go on both trips, you can be put on a waiting list for the second.** These will probably sell out quickly so make to sign up soon!

Football Hall of Fame - Thursday, June 27

This trip will open at 11:00 on Wednesday, May 1. There is a long list of local-ish places that most people have never been to. On that list just may be the Football Hall of Fame in Canton. Cross this one of your bucket list, because we are headed down south! The bus will leave at 9:00 on Thursday, June 28, and cost per person is \$27. Please RSVP by Friday, June 7.

Please remember that all of our bus trips are for Senior Center members only.

No reservations will be taken after the cut-off date. Contact the front office if, for some reason, you have to cancel your reservation. Refunds are not guaranteed.

PAYMENT IS DUE AT THE TIME OF THE RESERVATION

BOOK CLUB - THURSDAY, MAY 16 @ 11:00 AM

This month, we will be discussing "The Unsettled" by Ayana Mathis. According to the reviews, this is a book "to be read and re-read." For our conversation, you can just read it once. They use the following adjectives to describe this novel: spellbinding, fierce, searing, turbulent, and distinctive. If that itself doesn't make you want to pick this one up, we can't help you. In June, we'll talk about "Hello Beautiful" by Ann Napolitano. (Teresa really liked this one.)

2024 MEMBERSHIP RENEWAL

Please note that in order to register for classes or events, your 2024 membership must be up to date! If you are not sure if you have renewed, ask at the front desk or give us a call. All members must renew annually in order to be part of the best Senior Center in Kirtland!

TRASH TO TREASURE

Our next Trash to Treasure Sale will be held from **May 20 - 30**. Drop off any household items you would like to donate for our sale. No personal items, clothing or electronics please! We will be accepting items during normal business hours throughout the entire month. If you have any donations, please bring them to the front office rather than putting them on the table. All proceeds go to the Senior Board.

Just a reminder to check in on MySeniorCenter (computer next to the front office window) whenever you come into the Center for ALL the activities that you will be doing that day. Thank you in advance for your help!

UPCOMING EVENTS

BIRTHDAY LUNCH CELEBRATION - TUESDAY, MAY 28

We will enjoy ribs and salad on Tuesday, May 28. *The cost is \$8. Please RSVP by Friday, May 24.* If it is your birthday month, then lunch is on us (RSVP required)! Everyone is welcome...regardless of your birthdate! Our next birthday celebration will be on June 18, and the menu will be wraps.

MEN'S LUNCHEON - WEDNESDAY, MAY 15

Men's Luncheon will be held Wednesday, May 15 at 12:00 pm. The menu is burgers on the grill. Cost is \$8. **Please RSVP by Thursday, May 10.** The next luncheon will be Wednesday, July 17 and the menu is steak and fixings.

LADIES LUNCHEON - WEDNESDAY, JUNE 19

April ladies lunch will be held Wednesday, June 19 at 12:00 pm and the menu is steak because why should the boys have all the fun? **Cost is \$8. Please RSVP by June 14.** Our next luncheon will be August 14 and the menu is BLTs and fruit salad.

All menus are set in advance. If you have a specific dietary need, please let us know and we will do our best to accommodate you.

MEMORIAL DAY POTLUCK - FRIDAY, MAY 24

Come join us for a Memorial Day Picnic on Friday, May 24 at 12:00 pm. We will supply the main meat dish, and you supply the rest! This potluck will be an awesome way to kick off the summer. Let us know at the front desk if you are planning on bringing a dish to share. Regardless of whether or not you choose to bring something, **this event is FREE for everyone! RSVP's are required by Friday, May 17.** Join us for this great way to get to know some new faces and enjoy some good grub. Hang out and play some corn hole, bocce, pickleball or just sit and relax and be with friends.

ECLIPSE TRIVIA ANSWERS

For those of you wondering what the correct answers were for our eclipse bag trivia, here's hoping we all learned something!

- | | |
|--------------------------|--|
| 1. 7 minutes, 32 seconds | 6. A Connecticut Yankee in King Arthur's Court |
| 2. November | 7. Shadow lover |
| 3. Wolf charm bracelet | 8. 1806 |
| 4. 54 | 9. "You're So Vain" |
| 5. Alaska | 10. 10 degrees |

HIKING CLUB - MONDAY, MAY 13

Join us for a hike on **Monday, May 13 from 10:30 - 11:30 at Gully Brook Park. We will meet in the parking lot. Registration is requested but not required!** We hike rain or shine... use your best judgment and dress for the weather. A special thanks to Sue and Bob Morecki for leading us on the journey! See you on the trails.



PICKLEBALL TOURNAMENT - JUNE 17 and 18

Our 2024 pickleball "Luck of the Draw" tournament will be held on Monday, June 17 and Tuesday, June 18. There will be one session each day with a maximum of 18 players in each. **Monday will be a more competitive competition and Tuesday will be a more casual competition.** You can sign up for a session on either day, but please only choose one. Each days session will be from 9:30-11:30 am. Everyone will be assigned a number that will be used to "draw" your partner and opponents for each game. We will be using the indoor court and three outdoor courts for the day. Each person plays in six games with one bye. If you must cancel, we ask that you let us know 24 hours in advance. Cost to compete in the tournament is \$5. **SPACE IS LIMITED!!!!** You must be a member to participate and you must pre-register.

Welcome to our new members this month!

Lynn, Joanne, Carole, David, Kent, Mimi, Barb, Daniel, Julie, Darlene, Joan, Beth

Lake County Senior Day at the Mall

TUESDAY, MAY 21, 2024

GREAT LAKES MALL

DOORS OPEN AT 8:30 AM

PRESENTED BY:



TICKETS \$1 EACH. AVAILABLE ON 4/20/24 AT:
LAKE COUNTY SENIOR CENTERS,
LAKE COUNTY COUNCIL ON AGING,
OR AT THE DOOR.

ADMISSION INCLUDES: VENDORS, GIVEAWAYS, BINGO, FAMILY FEUD,
BREAKFAST SNACK, ENTERTAINMENT BY "THE 2 KINGS DUO"
AND OUTSTANDING SENIOR AWARDS.

FREE TRANSPORTATION PROVIDED BY THE SENIOR SERVICES
LEVY THROUGH LAKETRAN. CALL 440-354-6100.

Sponsored By:



FOUNDATIONS
HEALTH SOLUTIONS

ALL PROCEEDS BENEFIT



The Science of Health. The Art of Compassion.



PAID FOR BY THE SUPPORT OUR
SENIORS LEVY COMMITTEE
KIP MOLENAAR, TREASURER
7690 THORN HILL CT.
PAINESVILLE, OH 44077



KIRTLAND GARDEN CLUB PLANT SALE

Our annual Plant Sale will be May 9-11, 2024 from 10am-4pm, or until sold-out, in the garage across the driveway from the Kiwanis Rummage Sale at Pumpkinville on Route 306. We will have a wide selection of perennials, annuals, herbs and vegetables

WASTE MANAGEMENT SENIOR DISCOUNT

As advertised by Waste Management, they are offering a 5% discount to Kirtland residents 65 and over. To enroll, contact Teresa or Marianne.

COMMUNITY GARDEN - BEDS AVAILABLE

The Garden Club of Kirtland has garden beds for rent at the Kirtland Community Gardens located across from the Temple. There are still a few beds available. Each garden bed is 4'x8' and the cost is \$20 for the season. For more info email patriciaballos@hotmail.com or call Pat at 440-256-1341.

GUARDIANS DAY GAMES:

WEDNESDAY, MAY 8 & 22

Join us for the 1:10 games on May 8 and 22 to root on the home team. No RSVP necessary!



BEE PRESENTATION - TUESDAY, MAY 14 @ 11:00

Our fun-filled presentation is for anyone interested in learning more about honey-bees. It might even help you decide if beekeeping is for you. Topics will include the basic honey-bee biology, the vital importance of the honey-bee, basic bee keeping techniques, honey-bee environmental challenges, and even some honey tasting! This presentation is free!

PRODUCE AUCTION - WEDNESDAY, JUNE 5

Several of you have asked, and we are here to deliver! Last year, we took a bus to the Geauga Growers Association Produce Auction. Now that this is one of Teresa's favorite places to go, you get to reap the rewards of the fresh produce available throughout the summer at the Center (when she happens to overbuy...). The auction is open to the public every Monday (5:00 pm), Wednesday (10:00 am), and Friday (10:00 am) throughout the season, beginning in May (Monday and Friday only until June). This year, rather than a bus trip, anyone who is interested can either meet us there (14575 Madison Road, Middlefield), or set out from the Center @ 9:15 am.

FROM THE SENIOR BOARD

They say April showers bring May flowers. All I have to say is enough, we can do without rain for a while. Wind, too! The weather should be getting nicer soon. In fact Men's Lunch this month plans to grill outside.

Did you enjoy the eclipse? We enjoyed planning and putting together the eclipse bags. The Center and Senior Board put together 250 bags, and in one week gave them all away. It seemed like the popular item of the week.

While May is a busy time at the Center it is a lull for the board. The Center continues to offer classes and trips (which fill quickly) as well as lunches. Please check this newsletter for opportunities for you.

I hope this finds you well! We look forward to seeing you at the Center soon. ~ Dave

SENIOR BOARD MEMBERS

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2024 Senior Board consists of: David Saywell (President), Bill Russ (Vice-president), Marcia Haymer (Secretary), Penny Everson (Treasurer), Jr. Orick, Karin Saywell, Janet Johnson, and Jean Orick.

AN OUNCE OF PREVENTION

Just like putting eclipse glasses on to prevent damage to your eyes, the police department will be demonstrating the effects of being impaired by alcohol through the use of specialized glassed at the Prom Promise Initiative on April 29, which is being hosted by the Kirtland High School. This will be the first time that the department has participated in this program in our community. The equipment for this event was recently purchased from OVI related funding. This equipment, which consists of special glasses, mats, and games will benefit, educate and inform our youth about the perils of choosing to drink and drive in a fun and interactive way. Police officers from several surrounding communities are volunteering their time to help Kirtland roll out the program.



We are looking forward to the event and will hopefully have some fun and entertaining photos to share on Facebook. We hope that this program will help our youth realize the importance of driving sober. Make sure to ask you prom aged teens if they participated at Prom Promise and use the program as an opportunity to reinforce the importance in driving sober. Thanks for all that you do! ~ Chief McCallister

KIRTLAND PUBLIC WORKS OPEN HOUSE



FRIDAY, MAY 17

5 - 8:00 PM

FREE

TOURS
TRUCK RODEO

REFRESHMENTS
MEET AND GREET

10282 CHILLICOTHE ROAD

THE SENIOR CENTER WILL BE CLOSED:

Monday, May 27 (Memorial Day)

Riddle Answers

- 1. Because pepper makes them sneeze.
- 2. It gets toad.

VOLUNTEER GROUP

We recognize that people want to give back to the community, but are not sure how or where to go. We are looking for a few people to work together and spearhead a new volunteer group here at the Center. The goal is to identify an organization that needs support, and take a group once a month to help out. These leaders will find those organizations (with our help), and work through the logistics. This will NOT be a bus trip, but the group will leave from the Center. **If you are interested in helping to organize these outings, or interested in attending on these excursions, we will gather on the first Thursday of every month (May 2) at 10:30 am.** No need to RSVP. Let's come together to help to communities that have given us so much!



RESCUE VILLAGE VOLUNTEER OPPORTUNITY

On Thursday, May 23, we will be volunteering at Rescue Village Humane Society in Novelty. If anyone is interested in joining us, we will meet at the Center around 9:30 and head down. Alternatively, you can certainly meet us there for our 10:00 start. As a reminder, we will be carpooling rather than taking a bus. Sign-ups are requested by Monday, May 20!

By the way, this picture may be deceiving. Most of this assistance will probably be cleaning, rather than snuggling...

COLLECTION FOR RESCUE VILLAGE

In addition to a volunteer opportunity, we will also be hosting a monthly collection that will benefit the organization we will be visiting. This month, we invite you to bring in sheets, towels, and blankets for animal bedding. They are also always in need of cleaning supplies! Anything you can do would be greatly appreciated.

FREE HOLDEN ARBORETUM WEEK

We are excited to again partner with Holden Arboretum to offer a free week for all Kirtland residents. This collaboration will feature a free week every single year. From June 4 - 9, all you have to do is show proof of residence, and enjoy all that Holden has to offer! Additionally, every Tuesday offers a discount for any seniors of \$12.

THIS MONTH AT THE KIRTLAND LIBRARY:

May 4, 13
2:30 pm

Windchime Workshop (two part class)
Join us for a two-part Wind Chime workshop with Anne Rose! Please sign up for both dates! May 4th at 10:30am and May 13 at 5pm. Bring your own wooden rolling pin if you like. The first step is rolling out the clay and designing our fish. **You must sign up for both sessions!**
Registration required; \$10/person

Friday, May 10
2:30 pm

Color Me Calm Club
Registration requested

Tuesday, May 14
5:30 pm

Card Making Workshop
Craft Your Story will be here with for a Spring Card-Making Workshop. Set your creative side free and have some fun with us!
Registration required; \$10/person

Tuesday, May 7
6:00 pm

Care and Handling of Treasures
Join us for a discussion on how to handle, care for, and eventually pass on your family treasures. You're invited to bring a small object, photograph, document or item that is meaningful to exhibit in a "Pop-Up Museum" of family treasures.

Monday, May 20
1:30 pm

No Pressure Book Discussion

Monday, May 20
6:00 pm

Culinary Class: Greek Cuisine
Sign up for this class to the Mediterranean and enjoy some tasty food while you learn!
Registration required; \$10/person

Wednesday, May 8
6:30 pm

Cleveland Cultural Gardens
Rebecca McFarland will give a closer look at the different gardens and the history of this area which was originally dedicated in 1916.
Registration Required

Tuesday, May 21
6:15 pm

Cookbook Club
Bring in a tea party type food to celebrate May! Don't forget your own place setting and beverage!
Registration requested

Adult Summer Reading begins May 27! Sign up for summer reading on the Read Squared App. We have great prizes, thanks to our local businesses!

SENIOR SPOTLIGHT

I grew up in the lovely little town of Madison, Connecticut. When I first moved to Ohio, I was delighted whenever I heard someone refer to Madison, although it was not a frequent occurrence. Admittedly, there are not a lot of similarities between the shores of the Long Island Sound and those of Lake Erie, but there are some. One of those commonalities happens to be an abundance of wonderful people. Here at the Kirtland Senior Center, I have the pleasure of not only being reminded of my hometown, but also of the opportunity to spend time with one of the aforementioned delightful residents of Madison, Ohio.

Lynn Stoltz is a frequent visitor to our hallowed halls, and it is high time that we learned more about him. Born in Chardon, he grew up as one of five children on a dairy farm in Montville. We may have spent a significant amount of time discussing the ins and outs of growing up with farm chores looming over one's head. Undeterred by the responsibility, he speaks of those days more fondly than I do. I hope that everyone has the chance to reflect on one's past as warmly as Lynn does on his. He somehow managed to be involved in high school baseball, football, basketball, and track throughout his academic career. While I'm not sure how he managed to juggle sports, milking, and school, I do believe him when he says he learned as well.

If anyone else had the good fortune of being either in 4H or showing animals at county fairs, feel free to chime in here. If you didn't, you're welcome to share your opinion, although it may not hold as much weight. I maintain that the sheep and goat barn was the best place to be, while he insists that traveling between the cow and horse barns was the way to go. While we can agree to disagree, I think he just didn't spend enough time in the correct building to learn any better.

While I can barely remember three days ago without the aid of a calendar, Lynn somehow manages to recall details from the early 70's with alarming clarity. His first job out of high school was with Cleveland State University. Although it has (hopefully) been updated since, he and his team moved every piece of furniture into Rhodes Tower. While this sounds daunting to me, he again speaks of this time with fondness. After moving on to a new position, he also moved on to a new zip code. This Geauga boy became a Lake County man when he headed north to Madison.

Once upon a time, in 1974, four friends took two convertibles and made their way west to Carmel, California. If getting to the left coast was the start of an adventure tale, getting home turned it into an epic novel. Young Lynn stuck out his thumb and cruised this great land from sea to shining lake. From San Francisco to Berkley (where he spent three nights living above a health food store, like one does), to Sausalito to Portland, he realized that our country is "one cool town." The week that he spent on the road taught him the meaning of a free spirit, and this Buckeye learned the beauty of our country and its people.

Home again, our brave wayfarer settled into a life of creation. After years of labor, he found his professional home as a mason tender. Brick layers don't have much to do without brick to lay, and our very own Lynn made that happen. From hospitals to schools to then-Jacobs Field (specifically the main concourse from Gate C to the back of the scoreboard), his craftsmanship can still be found throughout Northeast Ohio. 35 years can go by in a flash, and when he saw the window of retirement opportunity crack open, he jumped out of it (into it?).

While I moved away from my Madison, he still lives in his. The "girl next door" became his wife, and their three boys all live close enough for dinner. (Pittsburgh may be a bit far, but if the dinner is tasty enough, the drive would be worth it.) The pride with which he speaks about their children makes me miss my own parents and, as he says, "I'd like to see them every day, and then see them some more."

As a child, he took any chance he could get to spend quality time with his father, which generally meant chores in the cow barn. As an adult, he made the opportunities to spend time with his own children as a community league basketball coach, a Madison High School booster, and as president of the Band Patrons. Through his encouragement, the band began their regular appearances at Disney World, which is not a battle for the faint of heart!



Lynn has certainly kept busy in his retirement in that familiar way that makes you wonder how you ever had time for a fulltime job. Depending on the day, he's somewhere between bee-keeping and bee-having but loves the journey of learning from and for the little buggers (for anyone interested, we're hosting a presentation on beekeeping in May...). He makes homemade sauerkraut and while I'm not usually a fan, even I have to admit it's pretty darn good (for anyone interested, we're hosting a sauerkraut workshop in the near future...).

Spare time is spent listening to classical music, enjoying the Cleveland Orchestra, traveling (including visiting family in Wake Forest, NC and Mesa, AZ), snow skiing, and baseball. That fantastic memory comes in handy when he recalls important moments in sports, especially when he had the chance to talk to Mel Harder about pitching against Babe Ruth.

If you happened to come to this page looking for movie suggestions, Lynn encourages everyone to see the "The Oxbow Incident" and the original "12 Angry Men." If you stumbled over to this column seeking life advice, he reminds you that some of the best lessons in life help you learn what you don't want to do. And if you have ever wondered if the residents of Madison, Ohio are just as nice as their counterparts in Connecticut, you may find out that this particular one may be even nicer.

P.S. I chose this picture that he didn't know I took on a recent bus trip. While he may appear both noble and contemplative here, I'm pretty sure at this particular moment he was just looking at a basketball hoop.

WILLoughby, OH
Permit No. 174
U.S. POSTAGE PAID
PRESORT STD.

WILLoughby, OH
Permit No. 174
U.S. POSTAGE PAID
PRESORT STD.

KIRTLAND, OH 44094
7900 EUCLID-CHARLTON ROAD
KIRTLAND SENIOR CENTER

BAD JOKES FOR MAY:

Why do fish live in saltwater?
What happens when a frog's car breaks down?
Answers inside!

2024 MEMBERSHIP RENEWAL

All members must renew annually in order to be part of the best Senior Center in Kirtland! If you have not come in to renew, please do so. **Note that your 2023 membership only went through February of 2024, and we will have stopped sending newsletters to those who have not renewed.**

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

KIRTLAND SENIOR CENTER

(440) 256-4711

communitycenter@kirtlandohio.com

www.kirtlandcommunity.com

*Funding provided by the City of Kirtland Recreation and Senior Levy
and the Lake County Commissioners Senior Citizens Levy*