## GLDERSLEEVE GAZBINE

Kirtland Senior Center Monthly Newsletter







## **ONGOING**

U.S. 6 (Chardon Rd.) will be closed at the bridge over the Chagrin River. The official detour will utilize

SR 91 (SOM Center Rd), I-90, and SR 306 (Chillicothe Rd).

## IRTLAND SENIOR CENTER

(440) 256-4711

communitycenter@kirtlandohio.com www.kirtlandcommunity.com

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#### **SENIOR CENTER MEMBERSHIP**

Per calendar year

Resident (first year): \$10 Non-resident (first year): \$10 Resident (renewal):

\$10 Non-resident (renewal): \$10

Paperwork and information available at the front desk

OCTOBER 2025 PAGE 1

As I was driving today, I noticed a phenomenon that we only see once a year, and don't like to talk about, - the leaves are starting to turn. If you are responsible for leaf pick up in your yard you understand this dread. While beautiful to look at, it also means extra yard work to clear the lawn. My only hope is that they do not fall all at once this year.

October brings membership renewal for 2026. After reviewing budgets, the board voted to adjust membership pricing to \$10 for both residents and nonresidents. Dues are collected annually and are due in January. 2026 renewals begin in October. Please get your payment in as soon as you can. The committee also voted to increase the cost for lunches to \$10 starting in January. While the board supplements meals, the continued rise in food costs made the decision for us. The new pricing will help with the rising costs the board has seen in the last several years.

Did you attend a fun event this month at the Senior Center? Whether you attended the wine tasting, funny bus, or steak roast we hope you enjoyed yourself. We are always looking for ideas for events and are open to

suggestions.

Well, I don't think we will have to turn the heat on yet, but sometime this month you will need to give in and start the furnace. Remember to get the furnace checked and to change your smoke alarm batteries. Stay well! ~ Dave

#### **SENIOR BOARD MEMBERS**

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2025 Senior Board consists of: David Saywell (President), Marcia Haymer (Secretary), Penny Everson (Treasurer), Karin Saywell, Rich Lowery, Theresa Ventresca, and Janet Johnson.

#### **KIRTLAND KINDESS - VOLUNTEER GROUP**

Join the volunteer group on the first Thursday of every month at 11:00am. We look forward to seeing you October 2nd! No need to RSVP. Our group also volunteers monthly at the Greater Cleveland Food Bank. We would love to have you join us! Just ask at the desk for additional information. Keep an eye out for our new bulletin board - where monthly opportunities will be posted.



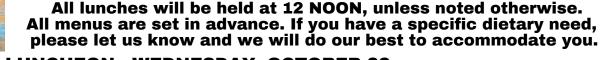
This month, we will be collecting supplies for Sub Zero Mission. They deliver hats, coats, gloves, boots, sleeping bags and other warming items to the homeless in northeast Ohio and other regions during the winter. **Nobody Should Freeze to Death in America**. They're mission goes beyond just providing immediate assistance—they are committed to leading efforts to close the gap in homelessness across the country, with a strong emphasis on supporting the Veteran community. Through compassion, action, and advocacy, they work tirelessly to ensure that no one is left behind during the coldest time of year.





#### **SCAN FOR AMAZON WISHLIST**







Join the ladies for chicken pot pie. **Cost is \$8. Please RSVP by October 17.** The next luncheon will be December 17 (salad with chicken & steak).

#### **MEN'S LUNCHEON - WEDNESDAY, NOVEMBER 19**

Join the men for chicken parmesan and pasta. **Cost is \$8. Please RSVP by November 17**. Our next luncheon will be January 2026.

#### **BIRTHDAY LUNCH CELEBRATION - TUESDAY, OCTOBER 28**

We will enjoy meatloaf and mashed potatoes. **Cost is \$8. Please RSVP by October 24.** If it is your birthday month, then lunch is on us (RSVP is REQUIRED)! Everyone is welcome... regardless of your birthdate! Our next birthday celebration will be on November 25 and the menu will be stuffed peppers and mashed potatoes.

#### **VETERANS LUNCH - THURSDAY, NOVEMBER 6**

Join us as we honor our veterans with a Thanksgiving lunch to thank them for their service. All Veterans eat free. *Cost is \$11. Please RSVP by November 3.* 



#### **WELCOME TO OUR NEW MEMBERS THIS MONTH!**

SUSAN, JANICE, KATHY, VIRGINIA, JOSEPH, DANIEL, TOM

#### **OCTOBER 2025 EVENTS**

Card Making Class
Volunteer Meeting
KASC Senior Luncheon
Sauerkraut WKSP
Senior Board Meeting
Red Cross Blood Drive
BUS TRIP - Haunted Rest. Brunch Friday, October 10 Kirtland City Shred Day
Hiking Club
Wednesday, October 10 Saturday, October 10 Monday, October 1 Tuesday, October 1 Tuesday, October 1 Tuesday, October 1

Podiatrist Book Club Attorney Trash to Treasure Trivia

Ladies Lunch Kirtland City Trunk or Treat BUS TRIP - Covered Bridges Birthday Lunch Wednesday, October 1 Thursday, October 2 Tuesday, October 7 Tuesday, October 7 Wednesday, October 8 Wednesday, October 8 Saturday, October 11 Monday, October 13 Tuesday, October 14 Thursday, October 16 Friday, October 17 October 20-31 Tuesday, October 21 Wednesday, October 22 Wednesday, October 22 Wed & Thurs, Oct 23&24 Tuesday, October 28



**DESK** 



#### NOVEMBER 18<sup>TH</sup>

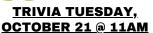
Join us for pottery painting - we will be painting small figurines and ornaments for the upcoming holiday season.

REGISTRATION REQUIRED \$25

2 ornaments or 1 figurine. SIGN UP BY

NOVEMBER 10<sup>TH</sup>. Items will be available
for pick up the following week.





Come join us and be a part of a team this month. Put all your random (or useless) knowledge to good use! Most of the questions are multiple choice, and it's **FREE** to play! We promise, this is low-pressure and the stakes are NOT high. Winning team choses the next month's theme. We meet in the Sunflower Meadows room to form teams and then the fun begins. No registration necessary.





#### **NOVEMBER 2025 EVENTS**

**Podiatrist Election Day** Volunteer Meeting Veterans Lunch BUS TRIP - Guido's & Holly Days Fall Yard Clean Up Hiking Club CLOSED - Veteran's Day Senior Board Meeting BUS TRIP - Mystery Lunch Trash to Treasure Sauerkraut WKSP Trivia Pottery Workshop Men's Lunch **Book Club** Attorney Birthday Lunch **Ecumenical Service - Old South** CLOSED - Thanksgiving Kirtland Tree Lighting Ceremony

Tuesday, November 4 Tuesday, November 4 Thursday, November 6 Thursday, November 6 Friday, November 7 Saturday, November 8 Monday, November 10 Tuesday, November 11 Wednesday, November 12 Thursday, November 13 November 17-28 Tuesday, November 18 Tuesday, November 18 Tuesday, November 18 Wednesday, November 19 Thursday, November 20 Friday, November 21 Tuesday, November 25 Tuesday, November 25 November 27 & 28 Sunday, November 30

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OCTOBER TUESDAY		CHECK IN FOR ALL EVENTS ON MYSENIORCENTER. THANK YOU!	7	8:30-9:30 Adv. Pickleball 9-1:30 Piano 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	4	8:30-9:30 Adv. Pickleball 9 Podiatry 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	2	8:30-9:30 Adv. Pickleball 9-1:30 Piano 10-1 Pickleball 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	28	8:30-9:30 Adv. Pickleball 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance
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#### **HIKING CLUB - MONDAY, OCTOBER 13**

Join the hiking club for a hike on Monday, October 13, at 2pm at Hatch Otis. We will meet in the parking lot at 37142 Skyline Dr. in Willoughby Hills. We hike rain or shine... use your best judgment and dress for the weather. A special thanks to Sue and Bob Morecki for leading us on the journey! See you on the trails.

#### **CHESS CLUB**

Are you a chess player? Do you want to learn how to play chess? Please leave your name at the front desk and you will be contacted. All levels are welcome and no registration is necessary!

#### STRENGTH TRAINING

Our fantastically fantabulous Strength Training instructor, Nancy, holds class at 9 am on Mondays and Wednesdays, and select Fridays of each month at 10:30. Check the calendar for dates.

#### **BINGO**

We are playing Bingo every Tuesday (unless there is another event scheduled at that time)! Bingo will be held in the Sunflower Room at 12:00. There is no cost to play and everyone is invited.

#### CARDIO DRUMMING & AEROBICS

Our awesomely fun aerobics class continues on Thursday at 10:00 am. Cardio drumming class is postponed until further notice. Come join the fun!

#### **PIANO LESSONS**

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons tailored to the learning styles of the adult students. Students are welcome to bring their own music to the lesson. You must sign up for two classes a month. The cost is \$30 per month. Please contact the front office if you are interested in lessons. The next lessons will be held on October 7 & 21, between 9:00am-1:00pm.

#### **SEW WHAT**

Join Sherrie and her home economics knowledge as she leads our sewing group. Bring your own projects, materials, machines, and questions every week. This is a drop-in group; no registration necessary. We will meet every Wednesday at 10:00 am to whenever you feel like leaving. Ask the front desk if you have any questions.

#### **BALANCE**

Come improve your balance and flexibility, helping you prevent falls and injuries and build greater confidence to enjoy your life. We will be doing exercises that improve bone density, strengthen muscles, legs, and core that help improve your stability. We will also do warm up stretching exercises to improve posture, performance, and range of motion which enhances and prepares you for your yoga and strength exercises. You can modify this class to your unique needs. Class is held Monday mornings at 10:00am.

#### **ATTORNEY**

Meet with Deborah Loughner, Esquire on Friday, October 17<sup>th</sup> for a FREE 30-minute legal consultation. She provides legal aid for issues like estate planning, healthcare, and consumer protection. Schedule with the front desk.

#### **PODIATRY**

We are thrilled that Dr. Kelly Whaley continues to serve our seniors every month. She will be at the Center on Tuesday, October 14th. \$30 payment is due to Dr. Whaley in cash on the day of the appointment.

## BEGINNER, OPEN, AND ADVANCED PICKLEBALL

Everyone is always welcome to drop-in to pickleball, but here are a few guidelines to help you out.

Our schedules are set for a reason, and we ask that you **DO NOT ENTER the gym** until the assigned time. Additionally, we ask that you **LEAVE the gym** at the scheduled time.

**Open Pickleball** is every weekday. Check the calendar for times. We ask for patience as you wait for your turn to play! This is open to ALL levels.

Beginner Pickleball is for those who are just starting out or would enjoy a more comfortable level of play. While anyone can come, expect that the competition level will be more casual. More experienced players are welcome to come out and offer some wisdom and guidance! Beginner hours are Thursdays from 1:30 - 3:00 pm. Advanced Pickleball is held Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play more competitively. If you join us, get ready for great shots and fast games!

#### **LINE DANCING**

Join instructor Tina Foster to learn the basics of line dancing.

**Basic Beginner classes**, held Tuesdays from 1:00pm-2:30pm, you will learn the steps and terminology, along with different dance rhythms.

Different genres of music will be used to make this a fun-filled class. All you need is a comfy pair of shoes that have slick bottom and can't be kicked off while dancing. An older pair of tennis shoes or bowling shoes are perfect examples. Please, no "slip-on sandals/flip flops" or "high-heels". This is for your safety.

Advanced Beginner/Improver classes, held Tuesdays from 2:30pm-3:30pm. This class is for those ready to take line dancing to the next level. You should have completed at least 3-6 months of one of the Basic Beginner classes or are already experienced in line dancing. Great class for those who are just making their way back to line dancing or just want to keep it nice and easy. This class moves along a little faster then the Basic Beginner.

#### **BOOK CLUB - THURSDAY, OCTOBER 16**

Meets at 11:00am. This month, we will be discussing "The Dearly Beloved" by Cara Wall.. Wall writes about couples, marriage, faith, and lack of. This is not a religious story. In November, we'll talk about "Invisible Ellen" by Shari Shattuck.

#### **GREETING CARD MAKING**

Make your own greeting cards! Come to enjoy creating three original cards and have fun socializing while stamping, coloring, and gluing. We will do an assortment of cards during each monthly class. Cost is only \$10 per class and that includes all the paper, stamps, ink, die cuts, and embellishments. All you need to bring is a pair of scissors and adhesives. Our last class of 2025 will be held on October 1st. Class attendance is limited to 10 people. Registration is required.

#### **TAIJI FIT**

Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements. Anyone can do it, no experience necessary. Just move, breathe and have fun! This class is offered by Tim Shea on Mondays at 1pm.

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Please remember that all of our bus trips are for Senior Center members only.

To the best of our ability, bus trips will be advertised two months out.

Registration for all bus trips must be completed in person with full payment.

New trips will open for registration at 9:00 am on the First Tuesday of the month.

#### BRUNCH AT THE HAUNTED HOUSE RESTAURANT - FRIDAY, OCTOBER 10

The Haunted House Restaurant is a scary movie fan's dream, combining a fun atmosphere dedicated to the movies we love, and a menu that is equal parts fun and delicious. You never know who you'll run into because Michael Myers, Freddy Kruger and all of your favorite characters are always around to scare up a good time. The only thing scary is how good the food is! We will leave Kirtland around 10:00am and return around 1:45pm. \$5 Registration.

#### GENEVA LODGE - COVERED BRIDGE TOUR - THURSDAY & FRIDAY, OCTOBER 23&24

See up to 13 of the top covered bridges in Northeast Ohio on our Covered Bridge Tour. Departing from The Lodge, enjoy a four-hour tour of the countryside and take in some lively commentary and rich history from our knowledgeable guide. The number of bridges seen on the tour will depend in the length of time spent at each bridge. We will make one shopping and bathroom top, as well as one dinner stop (shopping and dinner are not included in the registroom cost). This tour accommodates 12 people, so we're hosting 2 days. Pick which day works best for you! We will leave Kirtland around 11:00am and return around 6:00pm. \$52 Registration. Sign up by October 13.

LUNCH AT GUIDO'S & SHOPPING @ HOLLY DAYS MARKET - FRIDAY, NOVEMBER 7

Join us for lunch at Guido's Pizza Haven before we head to the annual Geauga Parks' Holly Days holiday market. Lunch checks must be paid by the table, not individual. At the market, purchase handcrafted items such as holiday decor, natural bath and beauty products, unique jewelry, pottery, hand-turned wood items, indoor planters, terrariums and more. We will leave Kirtland around 1:45pm and return around 8:30pm. **\$5 Registration.** 

#### MYSTERY LUNCH - TUESDAY, NOVEMBER 13

Join us for a delicious mystery lunch. Trade in the big city life for a rustic escape, surrounded by farmland and impeccable friendliness. This restaurant serves up fresh, local, comfort food with a side of history in its century-old establishment. Lunch cost will be \$20-\$40, depending on your meal choice. We will leave Kirtland around 11:00am and return around 3:00pm. \$5 Registration. Sign up by November 3.

#### **CLEVELAND ORCHESTRA HOLIDAY CONCERT - FRIDAY, DECEMBER 19**

The Cleveland Orchestra Holiday Concert has been a loved tradition for generations. Delight in the wonder of the season as you enjoy timeless holiday songs and carol. Sarah Hicks will be conducting this must-see event. Along with the orchestra, you will enjoy performances by the Cleveland Orchestra Chorus, the Blossom Festival Chorus, the Cleveland Orchestra Children's Chorus and other vocalists. We will leave Kirtland around 1:00pm and return around 5:30pm. **\$115 Registration.** 

If for some reason you have to cancel your reservation, please contact the front office.

Refunds are not guaranteed.

Kirtland Area Service Council Senior Luncheon Tuesday October 7 from 11:00am - 1:00pm

Honey'z Cafe will provide breaded chicken breast with mashed potatoes and gravy, green beans, rolls and yellow cake with chocolate frosting.

Call Carole Clutter with questions 440-256-8069



Residents \$12 Non-resident \$15 Cash or check made out to KASC Mail to 7900 Kirtland Chardon Rd

**PCOMING** 

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### **FALL YARD CLEAN-UP** SATURDAY, 11/8

The Mayor's Action Network will be collaborating with faith and civic groups around the City for an entire day of service. As part of this event, we will again be headed out to resident homes for fall yard clean-ups. If you are a senior or a veteran who would like some help, please sign up at the front desk or contact Julia at 440-256-3332 ext. 5 or email idewolf@kirtlandohio.com.

## OCTOBER 22 6PM-8PM KIRTLAND'S CITY WIDE



If you would like to participate, please let the front office know.

#### THIS MONTH AT THE KIRTLAND LIBRARY: **CALL 440-256-7323 TO REGISTER**

Monday, 10/6 6:00pm Knit & Crochet

Open to anyone who enjoys knitting, crocheting or is interested in learning these skills. Canva Beginners' information and fun planned for Bring your own supplies, drop in and get hooked.

6:00pm Workshop

Monday, 10/20 Interested in learning the basics of Canva? We will have an evening of you. You will need to make your own login to Canva prior to class. You can bring your own laptop as we navigate through the Canva website. You will design and create vour own bookmark by the end of this class. **Registration requested.** 

Monday, 10/13 2:00pm Chair Yoga

Beekeeping

Gentle chair yoga led by Anne Owens. All levels welcome to this free event. **Registration** requested.

Monday, 10/13 Our fun-filled presentation by 6:00pm Rich Lowery is for anyone

interested in learning more about Knit & Crochet honeybees. Topics will include

honeybee biology, vital importance of the honeybee, basic

beekeeping techniques,

environmental changes and even 1:30pm some honey tasting. Registration No Pressure

requested.

**Tuesday**, 10/21 6:00pm

Open to anyone who enjoys knitting, crocheting or is interested in learning these skills. Bring your own supplies, drop in and get hooked.

**Tuesday**, 10/14 6:00pm Victorian Halloween

**Traditions** 

From All Saints' Day to All Hallows' Eve, the holiday of A Ghoulish Affair: Halloween has seen many changes over the years. Séances, interest in the supernatural, and game-filled parties are just a few of the ways Victorian era Americans celebrated what we now call Halloween. Learn more about how they helped shape the spooky holiday we celebrate today. Registration requested.

Monday, 10/27

Join us in the Community Room to talk about any books you've read recently that you want to **Book Discussion** recommend to others. Bring a bagged lunch if you would like as well.

Wednesday, 10/15 6:00pm Creepiest

**Mysteries Ever** 

Cathi Weber, the Willoughby Ghost Lady, is coming to start off the "Cleveland spooky season. We will learn Scariest Unsolved about the Cleveland Torso Murders and much more in this informative and eerie night of adult fun.

**Tuesday**, 10/28 6:00pm Cookbook Club

Curse Vol. 1"

share with the group. Wednesday, 10/29 6:00pm Dave Eifert and

This club is for anyone who wants to expand their cooking knowledge and have some fun in the kitchen. The October challenge is to make any dish from a film with food. Watch a movie that has a food theme in it and make a recipe to

Dave was one of the weird ones in engineering school who appreciated the lone pair of required liberal arts classes and the writing they involved. Decades later, the frustration stemming from the Cleveland Browns' performance in the mid-2010s drove him to channel his feelings into writing. Nine years on, this effort culminated in this debut book. Registration requested.

# KIRTLAND SENIOR CENTER 7900 EUCLID-CHARDON ROAD KIRTLAND, OH 44094

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#### **GARDEN CLUB OF KIRTLAND**

The Garden Club of Kirtland will meet Thursday, October 2nd at 6:00pm. Contact Mary at: GardenClubofKirtland@gmail.com



#### **LAKETRAN 2025 CLOSURES**

Laketran will be closed on for the following holidays in 2025:
Thursday, November 27 - Thanksgiving Day
Thursday, December 25 - Christmas Day
Please remember to schedule your Dial-a-Ride trips in
advance of the holiday. Rides can be scheduled through
Laketran's Customer Service Center at
440-354-6100 or 1-888-525-3872.



#### **2026 MEMBERSHIP IS OPEN**

Anyone is welcome to join, regardless of where you live. All members must renew annually in order to participate in the fun programs and continue receiving the newsletter! If you are unsure if you renewed, just call or stop by the front desk. New members and renewals are \$10.

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

Funding provided by the City of Kirtland Recreation and Senior Levy and the Lake County Commissioners Senior Citizens Levy