

April showers are good, at least that is what they tell us. It brings out the flowers for the season. If we can get in our yards and clean up sticks, I will be happy. March really was a lion this year. That wind has been relentless the last several weeks.

The Board invites you to our meetings which are held at noon on the 2nd Wednesday each month. Everyone is encouraged to attend and offer input. We would welcome help with room set-up for our lunches. It takes about 15 minutes, and Karin has been doing Birthday and Women's lunch by herself while Marsha and Penny recuperate. Good wishes continue for Marsha and Penny's return to good health.

Thank you to the Kirtland Area Service Council who generously donated to the Senior Board to help offset the rising cost of meals for the year. The donation is appreciated and will be put to good use. Also, thank you to everyone who brings in goods for the food and trash to treasure tables. It really does help us cover our budget. And, as always, thank you to Panera for their donation every Thursday.

I hope this finds you well and getting ready to enjoy spring. As you can tell by my ramble about the weather, I am ready for a change. The center is always warm, the coffee is on, and conversation is friendly. Stop up and see! ~ Dave

SENIOR BOARD MEMBERS

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2026 Senior Board consists of: David Saywell (President), Richard Lowery (Vice President), Janet Johnson (Secretary), Penny Everson (Treasurer), Jim Ruttinger, Karin Saywell, Theresa Ventresca, and Marcia Haymer.



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KIRTLAND KINDESS - VOLUNTEER GROUP
APRIL COLLECTION:

This month, we will be collecting supplies for Rescue Village. Rescue Village provides services for over 3,000 animals each year, providing a safe haven to homeless, abused, and neglected animals where they receive expert veterinary care and daily enrichment. The following items are appreciated and will help their continuing mission. **Purina Dog Chow, canned dog and puppy food, soft dog treats, dog toys, dog beds, canned cat and kitten food, small fleece blankets, cat toys, cat beds, paper towels, sponges, liquid laundry detergent, bleach and new or gently used towels or blankets.**



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All lunches will be held at 12 NOON, unless noted otherwise. All menus are set in advance. If you have a specific dietary need, please let us know and we will do our best to accommodate you.

MEALS

LADIES' LUNCHEON - WEDNESDAY, APRIL 22

Join the ladies for chicken parmesan. **Cost is \$10. Please RSVP by April 17.** The next luncheon will be June 17, and will enjoy BLT's.

MEN'S LUNCHEON - WEDNESDAY, MAY 13

Join the men for hamburgers and potato salad. **Cost is \$10. Please RSVP by May 8.** Our next luncheon will be July 22 and will have steak and baked potato.

BIRTHDAY LUNCH CELEBRATION - TUESDAY, APRIL 28

We will enjoy Giant Eagle fried chicken and fixins. **Cost is \$10. Please RSVP by April 24.** If it is your birthday month, then lunch is on us (RSVP is REQUIRED)! Everyone is welcome... regardless of your birthdate! Our next birthday celebration will be May 26 and will serve chicken pot pie.

SPRING TEA LUNCHEON - FRIDAY, MAY 15

Join us for afternoon tea and small bites - sandwiches, fruit, scones, and desserts. Bring your own teacup, if you're feeling fancy. **Cost is \$10. Please RSVP by May 7.**

WELCOME TO OUR NEW MEMBERS THIS MONTH!

DENIS, DALE, RUSSELL, PATRICIA, ROSEMARIE, DAVID, KATHLEEN,
DIANE, DEBBIE, MIKE, KENYON, JOSEPH

APRIL 2026 EVENTS

BUS TRIP - Federal Reserve	Wednesday, April 1
Volunteer Meeting	Thursday, April 2
Closed for Easter	Friday, April 3
BUS TRIP - Monsters Hockey	Monday, April 6
Senior Board Meeting	Wednesday, April 8
Hiking Club	Monday, April 13
KPD Scam Talk & Donuts	Tuesday, April 14
Podiatrist	Tuesday, April 14
Kirtland Schools' Dinner & Play	Thursday, April 16
Attorney	Friday, April 17
Spring Yard Clean-up	Saturday, April 18
Trash to Treasure	April 20 - May 1
Trivia	Tuesday, April 21
Ladies' Lunch	Wednesday, April 22
Birthday Lunch	Tuesday, April 28

**TUESDAY APRIL 14
9:00AM**

**Join Kirtland Police Officers
for a SCAM AWARENESS
PRESENTATION.
Coffee and donuts provided by
Fiona's Coffee Bar and Bakery.**



MAY SENIOR LUNCHEON

SPONSORED BY THE KIRTLAND AREA SERVICE COUNCIL

MAY 5, 2025 12PM-2PM

LUNCH PROVIDED BY HONEY'Z CAFE:
STUFFED CABBAGE, MASHED POTATOES AND
GRAVY, GREEN BEANS, ROLLS AND BUTTER,
STRAWBERRY SHORTCAKE

KIRTLAND RESIDENTS \$10

NON-RESIDENTS \$12

PAYMENT DUE APRIL 27TH

**RESERVE & PAY AT KIRTLAND
COMMUNITY CENTER OR**

**MAIL TO KASC, 9301 CHILLICOTHE RD
KIRTLAND OH 44094**



**TRIVIA TUESDAY,
April 21 @ 11AM**

Come join us and be a part of a team this month. Put all your random (or useless) knowledge to good use! Most of the questions are multiple choice, and it's **FREE** to play! We promise, this is low-pressure and the stakes are NOT high. Winning team chooses the next month's theme. We meet in the Sunflower Meadows room to form teams and then the fun begins. No registration necessary.

**SENIOR DAY AT THE MALL
TUESDAY, MAY 19TH**

**NOMINATE AN OUTSTANDING
SENIOR, A SPECIAL SENIOR
WHO GOES ABOVE AND BEYOND
TO SERVE SENIORS IN THE LAKE
COUNTY COMMUNITY**

**FORMS AVAILABLE IN THE
FRONT OFFICE, DUE BY APRIL
23RD**

MAY 2026 EVENTS

KASC Senior Lunch	Tuesday, May 5
Volunteer Meeting	Thursday, May 7
Hiking Club	Monday, May 11
Podiatrist	Tuesday, May 12
Trivia	Tuesday, May 12
Senior Board Meeting	Wednesday, May 13
Men's Lunch	Wednesday, May 13
Spring Tea and Lunch	Friday, May 15
Attorney	Friday, May 15
Trash to Treasure	May 18 - 29
Senior Day at the Mall	Tuesday, May 19
BUS TRIP - Murder Mystery	Friday, May 22
Closed ~ Memorial Day	Monday, May 25
Birthday Lunch	Tuesday, May 26
BUS TRIP - Guardians Game	Wednesday, May 27

APRIL PROGRAMMING AND CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>JUST A REMINDER TO CHECK IN FOR ALL EVENTS ON MY SENIOR CENTER. THANK YOU!</p>	<p>9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 1-3 Chair Volleyball</p>	<p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p>	<p>CLOSED</p>
<p>9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1-2 TaiChi 1-3 Chair Volleyball</p>	<p>8:30-9:30 Adv. Pickleball 9-1:30 Piano 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance</p>	<p>9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 11-1 Reflex/Light 1-3 Chair Volleyball</p>	<p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12-1:30 Reiki 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p>	<p>9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Strength 10:30-11:30 Chair Yoga 1-3 Chair Volleyball</p>
<p>9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1-2 TaiChi 1-3 Chair Volleyball</p>	<p>8:30-9:30 Adv. Pickleball 9-12 Podiatry 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance</p>	<p>9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 1-3 Chair Volleyball</p>	<p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p>	<p>9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 1-3 Attorney 1-3 Chair Volleyball</p>
<p>9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1-2 TaiChi 1-3 Chair Volleyball</p>	<p>8:30-9:30 Adv. Pickleball 9-1:30 Piano 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance</p>	<p>9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 1-3 Chair Volleyball</p>	<p>8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball</p>	<p>9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Strength 10:30-11:30 Chair Yoga 1-3 Chair Volleyball</p>

HIKING CLUB - Monday, April 13

Join the hiking club for a hike on Monday, April 13, at 2:00pm at Pete's Pond, 2255 Rockefeller Rd., Kirtland. We hike in all weather so dress accordingly. A special thanks to Sue and Bob Morecki for leading us on the journey!

BALANCE

Come improve your balance and flexibility, helping you prevent falls and injuries and build greater confidence to enjoy your life. We will be doing exercises that improve bone density, strengthen muscles, legs, and core that help improve your stability. We will also do warm up stretching exercises to improve posture, performance, and range of motion which enhances and prepares you for your yoga and strength exercises. You can modify this class to your unique needs. Class is held Monday mornings at 10:00am.

CARDIO DRUMMING & AEROBICS

Our awesomely fun aerobics and cardio drumming class continues on alternate Thursdays at 10:00 am. Come join the fun!

STRENGTH TRAINING

Our fantastically fantabulous Strength Training instructor, Nancy, holds class at 9:00am on Mondays and Wednesdays, and select Fridays of each month at 10:30am. Check the calendar for dates.

TAIJI FIT

Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements. Anyone can do it, no experience necessary. Just move, breathe and have fun! This class is offered by Tim Shea on Mondays at 1:00pm.

YOGA

Enjoy increased strength, enhanced flexibility, improved balance, and better heart health through yoga. Join us 10:30am Wednesdays for Fit Yoga, Fridays at 9:00am for Gentle Yoga and 10:30am for Chair Yoga. Class is modified to your needs and abilities.

LINE DANCING

Join instructor Tina Foster and Sandy Appledorn to learn the basics of line dancing.

Basic Beginner classes, held Tuesdays from 1:00pm-2:30pm, you will learn the steps and terminology, along with different dance rhythms.

Different genres of music will be used to make this a fun-filled class. All you need is a comfy pair of shoes that have slick bottom and can't be kicked off while dancing. An older pair of tennis shoes or bowling shoes are perfect examples. Please, no "slip-on sandals/flip flops" or "high-heels". This is for your safety.

Advanced Beginner/Improver classes, held Tuesdays from 2:30pm-3:30pm. This class is for those ready to take line dancing to the next level. You should have completed at least 3-6 months of one of the Basic Beginner classes or are already experienced in line dancing. Great class for those who are just making their way back to line dancing or just want to keep it nice and easy. This class moves along a little faster than the Basic Beginner.

PIANO LESSONS

Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons tailored to the learning styles of the adult students. Students are welcome to bring their own music to the lesson. You must sign up for two classes a month. The cost is \$30 per month. Please contact the front office if you are interested in lessons. The next lessons will be held on April 7 & 21 between 9:00am-1:00pm.

BEGINNER, OPEN, AND ADVANCED PICKLEBALL

Everyone is always welcome to drop-in to pickleball, but here are a few guidelines to help you out.

Our schedules are set for a reason, and we ask that you **DO NOT ENTER the gym** until the assigned time.

Additionally, we ask that you **LEAVE the gym** at the scheduled time.

Open Pickleball is every weekday. Check the calendar for times. We ask for patience as you wait for your turn to play! This is open to ALL levels.

Beginner Pickleball is for those who are just starting out or would enjoy a more comfortable level of play. While anyone can come, expect that the competition level will be more casual. More experienced players are welcome to come out and offer some wisdom and guidance! Beginner hours are Thursdays from 1:30 - 3:00 pm.

Advanced Pickleball is held Tuesdays and Thursdays from 8:30 - 9:30 am. This is an opportunity for our more seasoned players to play more competitively. If you join us, get ready for great shots and fast games!

BINGO

We are playing Bingo every Tuesday (unless there is another event scheduled at that time)! Bingo will be held in the Sunflower Room at 12:00. There is no cost to play and everyone is invited.

BOOK CLUB - Monday, April 13

We will be discussing, "The Heaven and Earth Grocery Store" by James McBride. A diverse community protects a black child from being institutionalized during the 1930's. In May we will be discussing "Atmosphere" by Taylor Jenkins Reid.

CHESS CLUB

Are you a chess player? Do you want to learn how to play chess? Please leave your name at the front desk and you will be contacted. All levels are welcome and no registration is necessary!

MAH JONGG

Mahjong is a Chinese strategy game where you make sets and pairs of tiles. Join us as we play the American version. You will need to provide your own National Mahjong League Card (it can be ordered online). We meet every Wednesday and Thursday at 12:30pm. All levels are welcome!

SEW WHAT

Join Sherrie and her home economics knowledge as she leads our sewing group. Bring your own projects, materials, machines, and questions every week. This is a drop-in group, no registration necessary. We meet every Wednesday at 10:00 am to ?? Ask the front desk if you have any questions.

ATTORNEY

Meet with Deborah Loughner, Esquire on Friday, April 17th for a FREE 30-minute legal consultation. She provides legal aid for issues like estate planning, healthcare, and consumer protection. Schedule with the front desk.

REIKI

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. Appointments available the 2nd and 4th Thursdays of the month at 12:00pm.

PODIATRY

We are thrilled that Dr. Kelly Whaley continues to serve our seniors every month. She will be at the Center on Tuesday, April 14th. \$30 payment is due to Dr. Whaley in cash on the day of the appointment.

Please remember that all of our bus trips are for Senior Center members only.
To the best of our ability, bus trips will be advertised two months out.
Registration for all bus trips must be completed in person with full payment.
New trips will open for registration at 9:00am on the First Tuesday of the month.

FEDERAL RESERVE BANK OF CLEVELAND - WEDNESDAY, APRIL 1

The Federal Reserve Bank of Cleveland is a national historic landmark and stands as a monument to the craftsmanship of the post World War I era. A guided tour will give us an insider's view of the building architecture and a peek at the operations of a U.S. Central Bank. The tour will include the historic main lobby, the old vault, and the cash lobby. Members will need to bring a photo ID and pass through a metal detector. It is suggested members refrain from bringing purses or bags. We will leave Kirtland around 12:15pm and return around 3:30pm. **\$5 Registration. Registration closes March 18.**

SOLD OUT

MONSTERS HOCKEY - DYNGUS DAY - MONDAY, APRIL 6

Celebrate Dyngus Day at Rocket Arena in Kirtland as the Cleveland Monsters take on the Rochester Americans. Souvenirs, food and beverage can be purchased within the arena. We will leave Kirtland around 5:30pm and return around 10:30pm. **\$29 Registration. Registration closes March 5th.**

SOLD OUT

Waitlist Available

MURDER MYSTERY ON THE CUYAHOGA VALLEY RR - FRIDAY, MAY 22

Brush off your detective skills for an evening of intrigue, suspense, and interactive entertainment! Our popular Murder Mystery train winds its way through the scenic beauty of Cuyahoga Valley National Park as professional actors transport you into a world of secrets, lies, and unexpected twists. Will you crack the case or fall for the red herrings? We will leave Kirtland around 4:30pm and return around 9:30pm. **\$65 Registration. LIMITED SEATING**

CLEVELAND GUARDIANS BASEBALL - WEDNESDAY, MAY 27

Join us as we cheer on the Guardians as they take on the Washington Nationals at Progressive Field. Our seats are lower box along the 3rd baseline, with netting coverage. We will leave Kirtland around 11:30am, first pitch is at 1:10 pm. **\$43 Registration. Registration closes April 24th.**

THE GREAT GATSBY @ PLAYHOUSE SQUARE - TUESDAY, JUNE 16

THE PARTY'S ROARING IN CLEVELAND! THE GREAT GATSBY is a "Broadway extravaganza that explodes with life and energy" (Entertainment Weekly). Based on the classic American novel by F. Scott Fitzgerald, the Tony Award®-winning new musical is an unforgettable journey of love, wealth and tragedy that brings the Roaring Twenties to life on stage. **\$58 Registration. Registration closes May 7th.**

If for some reason you have to cancel your reservation, please contact the front office. Refunds are not guaranteed.



UPCOMING BUS TRIPS



**THIS MONTH AT THE
KIRTLAND LIBRARY:
TO REGISTER
CALL 440-256-7323**



**Monday, 4/6
6:00pm
Knit & Crochet**

Open to anyone who enjoys knitting, crocheting or is interested in learning these skills. Bring your own supplies, drop in and get hooked.

**Tuesday, 4/21
6:00pm
Knit & Crochet**

Open to anyone who enjoys knitting, crocheting or is interested in learning these skills. Bring your own supplies, drop in and get hooked.

**Monday, 4/6
2:00pm
Chair Yoga**

Gentle chair yoga led by Anne Owens. All levels are welcome to this free event sponsored by the Friends of the Kirtland Public Library. Please register for this event.

**Thursday, 4/23
11:00am
Lithophane**

Participants will learn the basics of 3D design and create their own custom lithophane nightlight, using an image that they provide. To register, please contact the reference desk to reserve a half hour tech-one-on-one slot. Please bring a flash drive with three images on it, and we will use whichever one works best for the final project.

**Tuesday, 4/7
4:00pm
Cricut Flowers**

Participants will learn how to design and cut a flower from a book page or cardstock using the library's Cricut. All supplies will be provided, and no experience is necessary.

**Monday, 4/27
1:30pm
No Pressure Book
Discussion**

Ready for some new book suggestions? Bring any recommendations for good books you have read and get some new ideas too. Bring a bag lunch if you like. Just drop in!

**Friday, 4/10
1:30pm
Style It**

Want to design your own clothes? Bring your plain, boring shirts, shorts, hats, bandanas, canvas bags, etc. to this event and give them new life. We will provide fabric markers, stencils, and stamps. You provide the base for your creativity and imagination. Come to this event and make one-of-a-kind clothing you will love. Cotton clothing is recommended, and all fabrics should be washed before they're decorated.

**Tuesday, 4/28
6:00pm
Cookbook Club**

Do you want to expand your kitchen skills? Bring your own place setting and beverage. April will have us all exploring recipes from the Barefoot Contessa, Ina Garten. Choose any recipe from her repertoire to make and share with the group.

**Tuesday, 4/14
2:00pm
3D Print: Garden
Stakes**

Participants will learn how to design their own, personalized garden stake in Tinkercad. This class is designed for beginners; no previous experience with Tinkercad is necessary. Registration is required. Prints will be ready 1-2 weeks after class.

**Thursday, 4/23
11:00am
Lithophane**

Participants will learn the basics of 3D design and create their own custom lithophane nightlight, using an image that they provide. To register, please contact the reference desk to reserve a half hour tech-one-on-one slot. Please bring a flash drive with three images on it, and we will use whichever one works best for the final project.

**KIRTLAND SENIOR CENTER
7900 EUCLID-CHARDON ROAD
KIRTLAND, OH 44094**

**PRESORT STD.
U.S. POSTAGE PAID
Permit No.
Willoughby, OH**

GARDEN CLUB OF KIRTLAND

The Garden Club of Kirtland will meet
Thursday, April 2nd at 6:00pm.
Contact Mary at:
GardenClubofKirtland@gmail.com



KIRTLAND KIWANIS

We are updating our book of veterans and need information on any vets in the area. We need: name, branch, rank, dates served and photo. We also need to know where you served.

**Please contact: Bill Wright
@ 440-463-4800 OR
wjwright@roadrunner.com**

LAKETRAN 2026 CLOSURES

Laketrans will be closed on for the following holidays in 2026:

- Monday, May 25 - Memorial Day
- Saturday, July 4 - Independence Day
- Monday, September 7 - Labor Day
- Thursday, November 26 - Thanksgiving Day
- Friday, December 25 - Christmas Day

Please remember to schedule your Dial-a-Ride trips in advance of the holiday. Rides can be scheduled through Laketrans' Customer Service Center at 440-354-6100 or 1-888-525-3872.



2026 MEMBERSHIP IS OPEN

Anyone is welcome to join, regardless of where you live. All members must renew annually in order to participate in the fun programs and continue receiving the newsletter! If you are unsure if you renewed, just call or stop by the front desk. New members and renewals are \$10.

The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

*Funding provided by the City of Kirtland Recreation and Senior Levy
and the Lake County Commissioners Senior Citizens Levy*