NOVEMBER 2026

GILDERSLEEVE GAZETTE

Kirtland Senior Center
Monthly Newsletter

GYM CLOSED NOVEMBER 2ND AND 3RD FOR ELECTION





KIRTLAND SENIOR CENTER

(440) 256-4711
communitycenter@kirtlandohio.com
www.kirtlandcommunity.com

THANKSGIVING BREAK
CLOSING @ NOON NOV 25TH
CLOSED NOV 26TH AND 27TH

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SENIOR CENTER MEMBERSHIP

Residents and non-residents: $10 per calendar year

Paperwork available at the front desk

Leaves, Leaves, Leaves! The colors are beautiful right now, but I can see there is much mulching in my future. The weather is cooler and more people are wearing their coats as they get to the center. Well, that's life in Ohio.

Kirtland residents: don't forget to vote in the November election. We have the recreation renewal levy on the ballot. I am hearing that they changed some language, but it is still a renewal. This is the levy to finance our building and activities. There will be no increase in taxes, and life will go on like normal here if it passes.

It is also time to seek nominations for the senior board. If you are interested in helping plan the board activities, please let the office know. We are always looking for new ideas and a fresh set of helping hands. Please remember, even if you are not on the board we are always looking for help to set up and clean-up our lunches and activities.

Have you paid your 2027 dues yet? It's that time of year and membership is now open. Still the same price of $10 gets you another year of using the facility and receiving the newsletter. Membership is open year-round, but your newsletters stop in March unless you have renewed.

Hope this finds you well and enjoying the fall. I've been told the heat is on at the center so stop up and get warm and have a cup of coffee, pay your dues, and enjoy yourself. See you soon.

Dave



SENIOR BOARD MEMBERS

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2026 Senior Board consists of: David Saywell (President), Richard Lowery (Vice President), Janet Johnson (Secretary), Penny Everson (Treasurer), Jim Ruttinger, Karin Saywell, and Theresa Ventresca.

KIRTLAND KINDESS - VOLUNTEER GROUP

NOVEMBER COLLECTION:

FOOD BASKETS AT DIVINE WORD



We will be collecting for the Thanksgiving Food Drive at Divine Word Catholic Church. Non-perishable food items, paper goods and gift cards help create a joyful Thanksgiving for those who need a hand during the holidays. Please give generously.



All lunches will be held at 12 NOON, unless noted otherwise. All menus are set in advance. If you have a specific dietary need, please let us know and we will do our best to accommodate you.

MEALS

LADIES' LUNCHEON - WEDNESDAY, DECEMBER 30

Join the ladies for wedding soup and sandwiches ***Cost is $10. Please RSVP by December 23.*** The next luncheon will be February 2027.

MEN'S LUNCHEON - WEDNESDAY, NOVEMBER 18

Join the men for chicken parmesan and pasta. ***Cost is $10. Please RSVP by November 13***. Our next luncheon will be in January 2027.

BIRTHDAY LUNCH CELEBRATION - TUESDAY, NOVEMBER 24

We will enjoy meatloaf and mashed potatoes. ***Cost is $10. Please RSVP by November 20***. If it is your birthday month, then lunch is on us (RSVP is REQUIRED)! Everyone is welcome... regardless of your birthdate! Our next birthday celebration will be December 29 and will serve cavatelli and meatballs.

VETERAN DAY LUNCH - THURSDAY, NOVEMBER 12 AT 11:30 AM

Enjoy a delicious Thanksgiving style lunch to show our thanks to our veterans.

Veteran members eat FREE! ***Cost is $10 / non-Veteran members*** ***Don't miss this event!***

WELCOME TO OUR NEW MEMBERS THIS MONTH!

JANICE, NANCY, KATHLEEN, DAVE, TAMI, WENDY, SUSAN, DOUG, DONALD, THOMAS, JOYCE

NOVEMBER 2026 EVENTS

Kirtland Fire - BP Checks	Tuesday, November 3
ELECTION DAY	Tuesday, November 3
Volunteer Meeting	Thursday, November 5
Garden Club	Thursday, November 5
BUS TRIP - Mystery Dinner	Thursday, November 5
Fall Yard Clean-Up	Saturday, November 7
Book Club	Monday, November 9
Hiking Club	Monday, November 9
Senior Board Meeting	Thursday, November 12
Veteran's Lunch	Thursday, November 12
Trash to Treasure	November 17 - 30
Hiking Club (night hike)	Monday, November 16
Podiatrist	Tuesday, November 17
Trivia	Tuesday, November 17
Men's Lunch	Wednesday, November 18
BUS TRIP - Castle Noel	Wednesday, November 18
Attorney	Friday, November 20
Birthday Lunch	Tuesday, November 24
Ecumenical Service	Tuesday, November 24
CENTER CLOSED	NOVEMBER 26 & 27

The Kirtland Fire Department will be on site monthly to provide free basic vital sign check ups.

STOP BY NOVEMBER 3RD BETWEEN 9AM AND 11AM





DECEMBER 2026 EVENTS

Kirtland Fire - BP Checks	Tuesday, December 1
Volunteer Meeting	Thursday, December 3
BUS TRIP - Christkindlmarkt	Friday, December 4
Podiatrist	Tuesday, December 8
Garden Club	Thursday, December ???
Christmas Party	Wednesday, December 9
BUS TRIP - WICKED	Thursday, December 10
Senior Board Meeting	Thursday, December 10
Hiking Club	Monday, December 14
Trash to Treasure	December 14 - 29
Hiking Club (night hike)	Tuesday, December 15
Trivia	Tuesday, December 15
Attorney	Friday, December 18
CENTER CLOSED	DECEMBER 25
Birthday Lunch	Tuesday, December 29
Ladies' Lunch	Wednesday, December 30

NOVEMBER PROGRAMMING AND CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9-9:45 Strength 10 Knitting 10-10:45 Balance 1-3 Chair Volleyball	**3** 9-12 Piano 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	**4** 9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 1-3 Chair Volleyball	**5** 8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball	**6** 9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 10:30-11:30 Strength 1-3 Chair Volleyball
9 9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball	**10** 8:30-9:30 Adv. Pickleball 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	**11** 9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 11-1 Reflex/Light 1-3 Chair Volleyball	**12** 8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball	**13** 9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 1-3 Chair Volleyball
16 9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball 2 Senior Hike	**17** 8:30-9:30 Adv. Pickleball 9-12 Piano 9-12 Podiatry 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	**18** 9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 1-3 Chair Volleyball	**19** 8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball	**20** 9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 10:30-11:30 Strength 1-3 Attorney 1-3 Chair Volleyball
23 10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball	**24** 8:30-9:30 Adv. Pickleball 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	**25** 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 11-1 Reflex/Light CLOSING AT NOON	**26** CLOSED - THANKSGIVING	**27** CLOSED - THANKSGIVING
30 9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball	. JUST A REMINDER TO CHECK IN FOR ALL EVENTS ON MYSENIORCENTER. THANK YOU!	.	. AEROBICS & CARDIO DRUMMING $4 ALL OTHER FITNESS CLASSES $3 ART $5	.

HIKING CLUB
Join Sue and Bob Morecki as they lead the hiking club at Veterans Park, 5730 Hopkins Rd., Mentor on Monday, November 9th at 2:00 pm. We hike in all weather, dress accordingly.
Night Hikes return November 16! Chapin under the lights, 10381 Hobart Rd., Kirtland, 6:30 pm.

BALANCE - $3
Come improve your balance and flexibility, helping you prevent falls and injuries and build greater confidence to enjoy your life. We will be doing exercises that improve bone density, strengthen muscles, legs, and core that help improve your stability. We will also do warm up stretching exercises to improve posture, performance, and range of motion which enhances and prepares you for your yoga and strength exercises. You can modify this class to your unique needs.

CARDIO DRUMMING & AEROBICS - $4
Our awesomely fun aerobics and cardio drumming class continues on alternate Thursdays.

STRENGTH TRAINING - $3
Our fantastically fantabulous Strength Training instructor, Nancy.

TAIJI FIT - $3
Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements. Anyone can do it, no experience necessary. Just move, breathe and have fun! This class is offered by Tim Shea.

YOGA - $3
Enjoy increased strength, enhanced flexibility, improved balance, and better heart health through yoga. Class is modified to your needs and abilities.

LINE DANCING - $3 EACH OR $5 FOR BOTH
Join instructor Tina Foster and Sandy Appledorn to learn the basics of line dancing.
Basic Beginner classes - you will learn the steps and terminology, along with different dance rhythms. Different genres of music will be used to make this a fun-filled class. All you need is a comfy pair of shoes that have slick bottom and can't be kicked off while dancing. An older pair of tennis shoes or bowling shoes are perfect examples. Please, no "slip-on sandals/flip flops" or "high-heels". This is for your safety.
Advanced Beginner/Improver classes- This class is for those ready to take line dancing to the next level. You should have completed at least 3-6 months of one of the Basic Beginner classes or are already experienced in line dancing. Great class for those who are just making their way back to line dancing or just want to keep it nice and easy. This class moves along a little faster then the Basic Beginner.

PIANO LESSONS - $30 PER MONTH
Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons tailored to the learning styles of the adult students. Students are welcome to bring their own music to the lesson. You must sign up for two classes a month. Please contact the front office if you are interested in lessons.

BEGINNER, OPEN, ADVANCED PICKLEBALL
Everyone is always welcome to drop-in to pickleball, but here are a few guidelines to help you out.
Our schedules are set for a reason, and we ask that you DO NOT ENTER the gym until the assigned time. Additionally, we ask that you LEAVE the gym at the scheduled time.
Open Pickleball is every weekday. We ask for patience as you wait for your turn to play! This is open to ALL levels.
Beginner Pickleball is for those who are just starting out or would enjoy a more comfortable level of play. While anyone can come, expect that the competition level will be more casual. More experienced players are welcome to come out and offer some wisdom and guidance!
Advanced Pickleball is an opportunity for our more seasoned players to play more competitively. If you join us, get ready for great shots and fast games!

BINGO
We are playing Bingo every Tuesday (unless there is another event scheduled at that time)! There is no cost to play and everyone is invited. Please let Dorothy know if you will miss it.

BOOK CLUB - Monday, November 9
We will be discussing, "Times of the Child" by Niall Williams. Lives are changed when a boy finds an abandoned baby the day of the Christmas fair in Faha, Ireland. Discussion begins at 11:30 am. Books can be picked up from the Kirtland library. No book discussion in December. Happy Holidays!

CHESS CLUB
Are you a chess player? Do you want to learn how to play chess? Please leave your name at the front desk and you will be contacted. All levels are welcome and no registration is necessary!

SEW WHAT
Join Sherrie and her home economics knowledge as she leads our sewing group. Bring your own projects, materials, machines, and questions every week. This is a drop-in group, no registration necessary. Ask the front desk if you have any questions.

MAH JONGG
Mahjong is a Chinese strategy game where you make sets and pairs of tiles. Join us as we play the American version. You will need to provide your own National Mahjong League Card (it can be ordered online). All levels are welcome!

ATTORNEY
Meet with Deborah Loughner, Esquire for a FREE 30-minute legal consultation. She provides legal aid for issues like estate planning, healthcare, and consumer protection. Schedule with the front desk.

PODIATRY - $30
We are thrilled that Dr. Kelly Whaley continues to serve our seniors every month. Payment is due to Dr. Whaley in cash on the day of the appointment.
Please note: 2027 podiatry fees will increase to $35

Please remember that all of our bus trips are for Senior Center members only.
To the best of our ability, bus trips will be advertised two months out.
Registration for all bus trips must be completed in person with full payment.
New trips will open for registration at 9:00am on the First Tuesday of the month.

UPCOMING BUS TRIPS

MYSTERY DINNER - THURSDAY, NOVEMBER 5

Join us for mystery dinner near Cleveland. We will leave Kirtland around 4:15pm and return around 7:30pm. **$20 Registration. Beverages and desserts on your own. We ask you bring cash for a TIP.**

CASTLE NOEL & DOWNTOWN MEDINA - WEDNESDAY, NOVEMBER 18

Step into a real-life winter wonderland at Castle Noel! As America's largest indoor, year-round Christmas entertainment attraction, this whimsical destination features over 40,000 square feet of festive memories and holiday magic. Enjoy a fully guided exploration of a staggering private collection of authentic Hollywood Christmas movie props and costumes alongside multi-million-dollar animated New York City holiday window displays. Complete your afternoon by browsing the charming local shops, boutiques, and seasonal stops around the quintessential, historic downtown Medina. We will leave Kirtland around 9:15am and return around 3:30pm.
$25 Registration. Food on your own.

WAITLIST

BAVARIAN CHRISTKINDLMARKT - FRIDAY, DECEMBER 4

Join us outside as we experience Northeast Ohio's authentic Christmas market inspired by the Christmas markets of Germany. More than 50 vendors, German inspired foods and beverages including Gluhwein and collectible mugs, St Nikolaus, festival shopping and seasonal decor. Wear comfortable shoes and dress for the weather. We will leave Kirtland around 4:00pm and return around 10:00pm. **$10 Registration. Food on your own.**

WICKED at PLAYHOUSE SQUARE - THURSDAY, DECEMBER 10

Join us at Playhouse Square for the untold story of the Land of Oz, focusing on an unlikely friendship between Elphaba (the future Wicked Witch of the West) and Galinda/Glinda (the future Glinda the Good). We will leave Kirtland at 12:15pm and return around 6 pm.
$82 Registration. Registration closes October 22nd.

WAITLIST

If for some reason you have to cancel your reservation, please contact the front office.
Credits are NOT guaranteed.



THIS MONTH AT THE KIRTLAND LIBRARY:
TO REGISTER CALL 440-256-7323

Chair Yoga Nov 2nd 2pm

Gentle chair yoga led by Anne Owens. All levels welcome to this free event. Please register for this event.

Knit & Crochet Nov 2nd & 17th 6pm

Drop in and get hooked with our knit and crochet club. Bring your own supplies and enjoy an evening of creating and chatting with fellow crafters.

First Front Porch Campaign Nov 3rd 6pm

In 1880, presidential candidate James A. Garfield did something revolutionary: made himself available to the public, greeting them right from the front porch of his Mentor home. Observe the contrasts between Garfield's presidential campaign and that of our current president. Register for Ranger Alan Gephardt's talk as space is limited.

3D Design: Lithophane Nightlights Nov 4th & 11th 11am-5pm By Appt.

Participants will learn the basics of 3D design and create their own custom lithophane nightlight, using an image that they provided. To register, please contact the reference desk. Please bring a flash drive with three images on it.

Used Book Sale Nov 7th 9:30am-1:30pm

The Friends of the Kirtland Public Library are hosting their quarterly book sale at the Library. Small bags are $5, and large bags are $8. Cash and credit cards are accepted. Head to the back door to find some treasures.

Fall Quilling Nov 9th 6pm

Attendees will learn the basics of quilling and create a fall themed scene! No previous experience is necessary. All supplies provided. This program is for all ages; kids under grade 6 should bring their favorite adult. Please register.

What Streaming Service is Right For You? Nov 16th 4pm

Imagine a winter evening curled up with a nice blanket and a cup of hot cocoa. You want to stream a cozy movie to match the vibe. Or maybe you'd prefer an action movie, or a mystery movie, maybe even a horror movie. Maybe you're not in the mood for a movie and would rather watch a TV show. But where do you even start? Join us for a presentation from our Tech Trainer, where she will go over the pros and cons of many popular streaming services.

World War II Presentation Nov 18th 6pm

Join us for a World War II presentation by Peter Booth as he portrays a member of the 5th Rangers. He will be giving a firsthand account of the Normandy Invasion. There will be memorabilia and artifacts on display.

Puzzle Grand Prix Competition Nov 19th 5pm

The Puzzle Grand Prix is a county-wide, high-energy competition for ages 18+, where teams race to solve identical puzzles across seven library branches in a synchronized showdown. The starting bell rings at 5:00 PM, launching competitors into a test of speed, strategy, and skill. Only the fastest team at each branch will advance to the championship finale on December 3rd at Lakeland Community College, where they'll compete head-to-head for the grand prize and ultimate Grand Prix glory.

Coiling Craft Nov 20th 2pm

Do you need a new craft to do while it's cold outside? Learn how to coil with us. We're starting off easy with coasters, so no experience is required. All equipment will be provided, just bring yourself, maybe a friend or two, and a willingness to learn. Registration is required.

No Pressure Book Discussion Nov 23rd 1:30pm

Ready for some new book suggestions? Bring any suggestions for good books you have read and get some new ideas too. Bring a bagged lunch if you like. Just drop in; no registration required.

Cricut Design Space: Pie Garland Nov 23rd 4pm

Learn the basics of Cricut design in this luminary workshop. All supplies will be provided by the library. Registration is required as space is limited. This program is for all ages; kids under grade 6 should bring their favorite adult.

Cricut Design Space: Holiday Cards Nov 25th 2pm

Learn the basics of Cricut Design with this whimsical, wintry card workshop. All supplies will be provided by the library. Registration is required. This program is for all ages; kids under grade 6 should bring their favorite adult.

Cricut Design Space: Custom Candles Nov 30th 3pm

Make a custom candle with help from our Tech Trainer. You will be able to select the scents you want from a variety of different essential oils, from sweet and fruity to mellow and woodsy. While your candle is cooling, you will be able to cut a label for it out of cardstock or old book pictures. This program is intended for older teens (16+) and adults.

KIRTLAND SENIOR CENTER
7900 EUCLID-CHARDON ROAD
KIRTLAND, OH 44094

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Cleveland, OH

LAKETRAN 2026 CLOSURES

Thursday, November 26 - Thanksgiving Day
Friday, December 25 - Christmas Day
Please remember to schedule your Dial-a-Ride trips in advance of the holiday. Rides can be scheduled through Laketran's Customer Service Center at 440-354-6100 or 1-888-525-3872.

GARDEN CLUB OF KIRTLAND

Thursday, November 5th - 6 pm
Presenting: Native Shrubs/Shrubtastic!
Contact Mary at:
GardenClubofKirtland@gmail.com



The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

Funding provided by the City of Kirtland Recreation and Senior Levy and the Lake County Commissioners Senior Citizens Levy