OCTOBER 2026

GILDERSLEEVE GAZETTE

Kirtland Senior Center Monthly Newsletter







KIRTLAND SENIOR CENTER

(440) 256-4711
communitycenter@kirtlandohio.com
www.kirtlandcommunity.com

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SENIOR CENTER MEMBERSHIP

Residents and non-residents: $10 per calendar year

Paperwork available at the front desk

What a difference a month makes in the temperature. We have gone from enjoying air conditioning to THINKING about turning the heat on. Now that Fall has finally arrived, we better get used to cooler weather.

People have asked, and the board has listened. Due to popular demand, we have brought back our clam bake this year. With the generous support of the Senior Board and the Senior Center we reduced the charge to members to $20. Sign up early to reserve your spot.

October also starts the 2027 membership campaign. Deadline for signing up is February 2027 but you can start renewing now. The cost is a bargain at $10. Also, it is nominations time for the senior board. If you would like to be on the board, please give your name to Marianne. If needed, an election will be held in November.

Hope this newsletter finds you well and ready to start your fall/winter activities. We look forward to seeing you soon.

Dave

SENIOR BOARD MEMBERS

Our Senior Board serves as an advisory committee to the Director and sponsors meals and events while fundraising to help subsidize these meals & events. If you have any issues or ideas, please see one of the board members to pass along. Our 2026 Senior Board consists of: David Saywell (President), Richard Lowery (Vice President), Janet Johnson (Secretary), Penny Everson (Treasurer), Jim Ruttinger, Karin Saywell, and Theresa Ventresca.

KIRTLAND KINDESS - VOLUNTEER GROUP

OCTOBER COLLECTION: SUBZERO MISSION

The Sub Zero Mission delivers essential warming items called “Stay Alive Five”, which are winter hats, boots, gloves, coats, and sleeping bags. Through the Homeless Veteran Re-Empowerment Program (HVRP), the mission goes further: finding veterans, bringing them home, housing them, advocating for them, employing them, and empowering them until they have the stability, dignity, and purpose they deserve. As a veteran-founded nonprofit, they stand beside those who once stood for us, providing not just warmth, but a clear path forward.



All lunches will be held at 12 NOON, unless noted otherwise. All menus are set in advance. If you have a specific dietary need, please let us know and we will do our best to accommodate you.

MEALS

LADIES’ LUNCHEON - WEDNESDAY, OCTOBER 21

Join the ladies for stuffed peppers. ***Cost is $10. Please RSVP by October 16.*** The next luncheon will be December 30, and will enjoy wedding soup and sandwiches.

MEN’S LUNCHEON - WEDNESDAY, NOVEMBER 18

Join the men for chicken parmesan and pasta. ***Cost is $10. Please RSVP by November 13***. Our next luncheon will be in January 2027.

BIRTHDAY LUNCH CELEBRATION - TUESDAY, OCTOBER 27

We will enjoy cabbage rolls. ***Cost is $10. Please RSVP by October 23***. If it is your birthday month, then lunch is on us (RSVP is REQUIRED)! Everyone is welcome... regardless of your birthdate! Our next birthday celebration will be November 24 and will serve meat loaf and mashed potatoes.

CLAM BAKE - THURSDAY, OCTOBER 22 AT 1 PM

Enjoy delicious 1 dozen clams, chicken, clam chowder, corn, potatoes, cole slaw, broth & roll.

Cost is $20 / Members only! Don’t miss this event!

WELCOME TO OUR NEW MEMBERS THIS MONTH!

MICHELLE, PAM, KYM, DAMON, REGINA, MARIO, PRISCILLA, PATTI, ANNIE, MARGARET, DONNA, MARY JEANNE, JOSEPH, JULIE, TONY

OCTOBER 2026 EVENTS

Volunteer Meeting	Thursday, October 1
Garden Club	Thursday, October 1
Kirtland Fire - BP Checks	Tuesday, October 6
Coffee with a Cop	Wednesday, October 7
BUS TRIP- Titanic Exhibit	Wednesday, October 7
Senior Board Meeting	Thursday, October 8
Book Club	Monday, October 12
Hiking Club	Monday, October 12
Podiatrist	Tuesday, October 13
Attorney	Friday, October 16
Trash to Treasure	October 19 - 30
Trivia	Tuesday, October 20
Ladies' Lunch	Wednesday, October 21
BUS TRIP - Funny Bus	Wednesday, October 21
Clam Bake	Thursday, October 22
Sauerkraut WKSP	Thur. & Fri. Oct. 22 & 23
Halloween Town Center	Saturday, October 24
BUS TRIP- Funny Bus	Monday, October 26
Birthday Lunch	Tuesday, October 27

Tuesday October 6

Kirtland Area Service Council Senior Luncheon

12:00pm - 2:00pm

Honey'z Cafe will provide meatloaf with mashed potatoes and gravy, green beans, rolls and strawberry shortcake.

50/50 Raffle

Residents $10/Non-resident $12

Cash or check made out to KASC

Mail to 7900 Kirtland Chardon Rd

Call Carole Clutter with questions

440-256-8069



The Kirtland Fire Department will be on site monthly to provide free basic vital sign check ups.

STOP BY OCTOBER 6TH BETWEEN 9AM AND 11AM





Join KPD on October 7th from 9-11 AM for Coffee with a Cop

Chief Jamey Fisher will present on the current hot topic of FLOCK and speed cameras. Come learn the differences and ask all the burning questions you have. Coffee and mini donuts provided by Fiona's Coffee Bar and Bakery.

NOVEMBER 2026 EVENTS

Kirtland Fire - BP Checks	Tuesday, November 3
Volunteer Meeting	Thursday, November 5
Garden Club	Thursday, November 5
BUS TRIP - Mystery Dinner	Thursday, November 5
Book Club	Monday, November 9
Hiking Club	Monday, November 9
Senior Board Meeting	Thursday, November 12
Veteran's Lunch	Thursday, November 12
Trash to Treasure	November 17 - 30
Hiking Club (night hike)	Monday, November 16
Podiatrist	Tuesday, November 17
Trivia	Tuesday, November 17
Men's Lunch	Wednesday, November 18
BUS TRIP - Castle Noel	Wednesday, November 18
Attorney	Friday, November 20
Birthday Lunch	Tuesday, November 24

OCTOBER PROGRAMMING AND CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JUST A REMINDER TO CHECK IN FOR ALL EVENTS ON MYSENIORCENTER. THANK YOU!	AEROBICS & CARDIO DRUMMING $4 ALL OTHER FITNESS CLASSES $3 ART $5		**1** 8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball	**2** 9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 10:30-11:30 Strength 1-3 Chair Volleyball
5 9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball	**6** 8:30-9:30 Adv. Pickleball 9-12 Piano 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	**7** 9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 1-3 Chair Volleyball	**8** 8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball	**9** 9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 1-3 Chair Volleyball
12 9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball 2 Senior Hike	**13** 8:30-9:30 Adv. Pickleball 9-12 Podiatry 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	**14** 9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 11-1 Reflex/Light 1-3 Chair Volleyball	**15** 8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball	**16** 9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 1-3 Attorney 1-3 Chair Volleyball
19 9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball	**20** 8:30-9:30 Adv. Pickleball 9-12 Piano 10-1 Pickleball 12 BINGO 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	**21** 9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 1-3 Chair Volleyball	**22** 8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball	**23** 9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 10:30-11:30 Strength 1-3 Chair Volleyball
26 9-9:45 Strength 10 Knitting 10-10:45 Balance 10-1 Pickleball 1 Tai Chi 1-3 Chair Volleyball	**27** 8:30-9:30 Adv. Pickleball 10-1 Pickleball 1-2:30 Begin. Line-dance 2:30-3:30 Adv. Line-dance	**28** 9-9:45 Strength 10 Sewing 10-1 Pickleball 10:30-11:45 Fit Yoga 11-1 Reflex/Light 1-3 Chair Volleyball	**29** 8:30-9:30 Adv. Pickleball 9:30-11:30 Watercolor 10-11 Aerobics 11:30 - 1 Pickleball 12:30-2:30 Acrylic 1-3:30 Begin. Pickleball	**30** 9-10:15 Gentle Yoga 10-1 Pickleball 10:30-11:30 Chair Yoga 1-3 Chair Volleyball

HIKING CLUB
Join Sue and Bob Morecki as they lead the hiking club at Hatch-Otis State Preserve, 37142 Skyline Dr. Willoughby Hills, on Monday, October 12th at 2:00 pm. We hike in all weather, dress accordingly.
Night Hikes return November 16!

BALANCE - $3
Come improve your balance and flexibility, helping you prevent falls and injuries and build greater confidence to enjoy your life. We will be doing exercises that improve bone density, strengthen muscles, legs, and core that help improve your stability. We will also do warm up stretching exercises to improve posture, performance, and range of motion which enhances and prepares you for your yoga and strength exercises. You can modify this class to your unique needs.

CARDIO DRUMMING & AEROBICS - $4
Our awesomely fun aerobics and cardio drumming class continues on alternate Thursdays.

STRENGTH TRAINING - $3
Our fantastically fantabulous Strength Training instructor, Nancy.

TAIJI FIT - $3
Join us as we experience the flow when the mind and body connect, by following along to the gentle mindful movements. Anyone can do it, no experience necessary. Just move, breathe and have fun! This class is offered by Tim Shea.

YOGA - $3
Enjoy increased strength, enhanced flexibility, improved balance, and better heart health through yoga. Class is modified to your needs and abilities.

LINE DANCING - $3 EACH OR $5 FOR BOTH
Join instructor Tina Foster and Sandy Appledorn to learn the basics of line dancing.
Basic Beginner classes - you will learn the steps and terminology, along with different dance rhythms. Different genres of music will be used to make this a fun-filled class. All you need is a comfy pair of shoes that have slick bottom and can't be kicked off while dancing. An older pair of tennis shoes or bowling shoes are perfect examples. Please, no "slip-on sandals/flip flops" or "high-heels". This is for your safety.
Advanced Beginner/Improver classes- This class is for those ready to take line dancing to the next level. You should have completed at least 3-6 months of one of the Basic Beginner classes or are already experienced in line dancing. Great class for those who are just making their way back to line dancing or just want to keep it nice and easy. This class moves along a little faster then the Basic Beginner.

PIANO LESSONS - $30 PER MONTH
Sounds Inspirations Music Therapy provides 30 minute individual private piano lessons tailored to the learning styles of the adult students. Students are welcome to bring their own music to the lesson. You must sign up for two classes a month. Please contact the front office if you are interested in lessons.

BEGINNER, OPEN, ADVANCED PICKLEBALL
Everyone is always welcome to drop-in to pickleball, but here are a few guidelines to help you out.
Our schedules are set for a reason, and we ask that you DO NOT ENTER the gym until the assigned time. Additionally, we ask that you LEAVE the gym at the scheduled time.
Open Pickleball is every weekday. We ask for patience as you wait for your turn to play! This is open to ALL levels.
Beginner Pickleball is for those who are just starting out or would enjoy a more comfortable level of play. While anyone can come, expect that the competition level will be more casual. More experienced players are welcome to come out and offer some wisdom and guidance!
Advanced Pickleball is an opportunity for our more seasoned players to play more competitively. If you join us, get ready for great shots and fast games!

BINGO
We are playing Bingo every Tuesday (unless there is another event scheduled at that time)! There is no cost to play and everyone is invited. Please let Dorothy know if you will miss it.

BOOK CLUB - Monday, October 12
We will be discussing, “Absolution” by Alice McDermott. Historical fiction of women’s lives during the Vietnam War in 1963 in Saigon. In November we will be discussing “Times of the Child” by Niall Williams. Discussion begins at 11:30 am. Books can be picked up from the Kirtland library.

CHESS CLUB
Are you a chess player? Do you want to learn how to play chess? Please leave your name at the front desk and you will be contacted. All levels are welcome and no registration is necessary!

SEW WHAT
Join Sherrie and her home economics knowledge as she leads our sewing group. Bring your own projects, materials, machines, and questions every week. This is a drop-in group, no registration necessary. Ask the front desk if you have any questions.

MAH JONGG
Mahjong is a Chinese strategy game where you make sets and pairs of tiles. Join us as we play the American version. You will need to provide your own National Mahjong League Card (it can be ordered online). All levels are welcome!

ATTORNEY
Meet with Deborah Loughner, Esquire for a FREE 30-minute legal consultation. She provides legal aid for issues like estate planning, healthcare, and consumer protection. Schedule with the front desk.

PODIATRY - $30
We are thrilled that Dr. Kelly Whaley continues to serve our seniors every month. Payment is due to Dr. Whaley in cash on the day of the appointment.
Please note: 2027 podiatry fees will increase to $35

Please remember that all of our bus trips are for Senior Center members only.
To the best of our ability, bus trips will be advertised two months out.
Registration for all bus trips must be completed in person with full payment.
New trips will open for registration at 9:00am on the First Tuesday of the month.

UPCOMING BUS TRIPS

TITANIC: THE ARTIFACT EXHIBITION - WEDNESDAY, OCTOBER 7

CLOSED

The Exhibition offers a powerful and emotional journey through one of history's most iconic tragedies. We will leave Kirtland around 11:00am and return around 3:45pm. **$50 includes a box lunch (sandwich, chips, cookie, and water). WAITLIST AVAILABLE.**

FUNNY BUS & COLLISION BEND - WEDNESDAY, OCTOBER 21

Join us aboard the Cleveland Funny Bus to explore the city, laugh, and relax on this 90-minute **HALLOWEEN THEMED** bus tour. Featuring a local comedian to showcase the highlights of our beloved city and the surrounding area. Comedy will be PG-13. We will then have dinner at Collision Bend Brewery. We will leave Kirtland around 2:00pm and return around 6:45pm.
$28 Registration. Dinner cost NOT included.

FUNNY BUS & COLLISION BEND - MONDAY, OCTOBER 26

SOLD OUT

Join us aboard the Cleveland Funny Bus to explore the city, laugh, and relax on this 90-minute **HALLOWEEN THEMED** bus tour. Featuring a local comedian to showcase the highlights of our beloved city and the surrounding area. Comedy will be PG-13. We will then have dinner at Collision Bend Brewery. We will leave Kirtland around 2:00pm and return around 6:45pm.
$28 Registration. Dinner cost NOT included. WAITLIST AVAILABLE.

MYSTERY DINNER - THURSDAY, NOVEMBER 5

Join us mystery dinner near Cleveland. We will leave Kirtland around 4:15pm and return around 7:30pm. **$20 Registration.**

CASTLE NOEL & DOWNTOWN MEDINA - WEDNESDAY, NOVEMBER 18

Step into a real-life winter wonderland at Castle Noel! As America's largest indoor, year-round Christmas entertainment attraction, this whimsical destination features over 40,000 square feet of festive memories and holiday magic. Enjoy a fully guided exploration of a staggering private collection of authentic Hollywood Christmas movie props and costumes alongside multi-million-dollar animated New York City holiday window displays. Complete your afternoon by browsing the charming local shops, boutiques, and seasonal stops around the quintessential, historic downtown Medina. We will leave Kirtland around 9:15am and return around 3:30pm.
$25 Registration. Food on your own.

WICKED at PLAYHOUSE SQUARE - THURSDAY, DECEMBER 10

Join us at Playhouse Square for the untold story of the Land of Oz, focusing on an unlikely friendship between Elphaba (the future Wicked Witch of the West) and Galinda/Glinda (the future Glinda the Good). We will leave Kirtland at 12:15pm and return around 6 pm.
$82 Registration. Registration closes October 22nd.

If for some reason you have to cancel your reservation, please contact the front office.
Credits are NOT guaranteed.

THIS MONTH AT THE KIRTLAND LIBRARY:
TO REGISTER CALL 440-256-7323

Steve Hare Author Talk Oct 3rd 2:30pm

Built by a Community: How the Kirtland Girls Soccer Team Became a Champion tells the remarkable story of how a small-town soccer program became one of Ohio's best. Drawing on more than a decade of firsthand coverage and exclusive interviews sportswriter Steve Hare chronicles Kirtland's journey from a fledgling program in 2003 to its historic 2020 Division III state championship. Filled with behind-the-scenes stories, and personal reflections, the book is a celebration of perseverance, leadership, community, and the people who built a championship legacy.

Cricut Design Space: Tote Bags Oct 5th 11-5pm By Appt.

Create a custom tote bag with the help of our Cricut. All supplies will be provided by the library. To register, please contact the reference desk to reserve an hour-long tech-one-on-one slot. Intended for teens (13+) and adults.

Knit & Crochet Oct 5th & 20th 6pm

Drop in and get hooked with our knit and crochet club. Bring your own supplies and enjoy an evening of creating and chatting with fellow crafters.

Monarchs Oct 6th 6pm

Welcome to the world of the beautiful monarch butterfly. Learn about the monarch's life cycle, host plant and amazing migration. See a butterfly and chrysalis (hopefully) up close and personal and find out what you can do to help the monarchs. Join the Ohio State Master Gardeners for this fun program. Registration is required.

Adult 3D Design: Pumpkins & Ghosts Oct 7th 4pm

Using Tinkercad, we'll design a pumpkin and ghost figurine. No prior experience is needed. Registration is required.

Murder in The Stacks Oct 9th 2pm

Come solve a Halloween-themed murder with us. Each participant will play a character, follow the clues, and try to catch the murderer. Please make sure you can commit to this event as we need 10 players for the murder mystery. Registration is required, and space is limited.

Chair Yoga Oct 12th 2pm

Gentle chair yoga led by Anne Owens. All levels welcome to this free event. Please register for this event.

How Money Works in Retirement Talk Oct 13th 6pm

How Money Works in Retirement will focus on understanding strategies to make money last and invest for the future. We will also briefly discuss estate planning, including creating a legacy. Space is limited for this free event. Please register for this program.

How Medicare Works Oct 19th 6pm

We will review the A, B, C and D of Medicare. Understanding the rules, options and how to make an informed decision when it comes to Medicare Health Insurance Plans. Please register for this free event.

Pumpkin Garland Craft Oct 22nd 6pm

Sign up for a fun fall craft at the Library at 6pm. We will be making a pumpkin garland. All supplies provided by the Library, but registration is required.

No Pressure Book Discussion Oct 26th 1:30pm

Ready for some new book suggestions? Bring any suggestions for good books you have read and get some new ideas too. Bring a bagged lunch if you like. Just drop in; no registration required.

Cricut Design Space: 3D Paper Pumpkin Luminaries Oct 26th 4pm

Learn the basics of Cricut design in this luminary workshop. All supplies will be provided by the library. Registration is required as space is limited. This program is for all ages; kids under grade 6 should bring their favorite adult.

Cookbook Club Oct 27th 6pm

Want to expand your kitchen skills? Every month, we cook up a new dish from a different theme. Bring your own place setting and beverage and the dish you prepare. Please sign up for more information. For this month, we will be making comfort dishes. Make a recipe for the group to share and come to sample what everyone else has made.

Cleveland's Naughty Parts: True Tales of Vice, Sin and Bad Behavior Author Talk with Jim Sweeney Oct 29th 6pm

Jim Sweeney will regale us with tales from his newest book: Cleveland's Naughty Parts: True Tales of Vice, Sin and Bad Behavior. This is a light-hearted look at everything from Prohibition rumrunning to cheating in walleye tournaments, from political corruption to poetry bans.

KIRTLAND SENIOR CENTER
7900 EUCLID-CHARDON ROAD
KIRTLAND, OH 44094

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LAKETRAN 2026 CLOSURES

Thursday, November 26 - Thanksgiving Day
Friday, December 25 - Christmas Day
Please remember to schedule your Dial-a-Ride trips in advance of the holiday. Rides can be scheduled through Laketran's Customer Service Center at 440-354-6100 or 1-888-525-3872.

GARDEN CLUB OF KIRTLAND

Thursday, October 1st - 6 pm
Presenting: *Seed Collecting*
Thursday, November 5th - 6 pm
Presenting: Native Shrubs/Shrubtastic!
Contact Mary at:
GardenClubofKirtland@gmail.com



The Kirtland Senior Center serves adults aged 55 and over with quality, affordable programming to provide opportunities for social interaction, recreation, fitness, and minor health and wellness services close to home. The aim to keep adults active, motivated, and engaged in their community for an optimal quality of life. Don't be misled by the term "senior!" Our programs are for the youngest Baby Boomers through those in their Golden Years. Become a member at any time!

Funding provided by the City of Kirtland Recreation and Senior Levy and the Lake County Commissioners Senior Citizens Levy